

RUNNING SHORTS

Huntsville Half Marathon coming soon

Annual race set for Oct. 28

By Darren Grant

Last Sunday, over 200 people took part in one of Huntsville's big fall races, The Texas 10. The signature ten mile distance was won by Ryan Miller in a smoking time of 52:00, and by Amanda Jenkins, on the ladies' side, with a time of 1:08:15.

The race finished up the big hill rising from Bearkat Blvd. to the entrance of Bowers Stadium. Struggling up that hill after running so many miles in the heat made for some interesting finish-line pictures. I bought one just so I could post it online and embarrass my children.

Walker County's other big fall race will take place at the end of this month, on Saturday, Oct. 28: the Huntsville Half Marathon, Quarter Marathon, and 5K Run/Walk. In its 39th year, this is one of the oldest half marathons in Texas, and an annual tradition in Huntsville. Several hundred runners from all over our area are expected to participate.

There are three distances: half marathon (13.1 miles), quarter marathon (6.55 miles) and 5K (3.1 miles). In all three distances, the overall winners and the top three runners in five-year age groups will receive awards, and every finisher receives a medal. Everyone gets a race T-shirt, and post-race refreshments will be provided.

I love this year's t-shirt design. Created by hand by local runner Melissa Gillespie Davis, it highlights our area's natural beauty with a 1970's, old-school vibe, set off on a vibrant light blue background. Davis, a welder, could easily get a job as a graphic designer if she ever wanted to switch careers!

The race course typically winds in and around the SHSU campus. Road construction in this area, however, will necessitate some changes in the course. Race organizers are working on those changes now. If you've run this race before, you need to run it again—it'll be a whole new experience.

For more information and online or manual registration, visit the Seven Hills Running Club web site at <http://www.7hills.us/hvhalf.htm>. (Ken Johnson compiles the "Recent Race Results" section of this column. Please send your race results to him at 1941runner@sbcglobal.net.)

Recent race results:

Sunday Night 5K, The Woodlands, Oct. 1

Ken Johnson, 76 38:38

Blazing 7's 25K (15.5 miles) Trail Run, Cat Spring, Sept. 30

Gretchen Dixon, 39 3:14:29

Caprock 5K, College Station, Sept. 30

Cindy Pate, 57 39:49

Heidi Morse, 57 39:52

Ken Johnson, 76 41:39

Texas 10 Series, Huntsville, Sept. 24

10 Miles

Dan Byrne, 59	1:12:23
Derek Davis, 28	1:13:04
Julie Davis, 38	1:18:00
Jose Moreno, 56	1:20:47
Steve Bickford, 56	1:23:46
Steve Allen, 45	1:24:11
Angelina Santos, 52	1:27:50
Patrick Lewis, 52	1:29:42
Dana Formon, 29	1:30:41
Kim Johnson, 42	1:40:06
Giovanni Valdivia, 32	1:41:12
Kathy Lehman, 42	1:47:52
Sharon Valles, 44	1:47:56
Payton Peters, 23	2:03:31
Ken Johnson, 76	2:29:38

5 Miles

Darren Grant, 52	43:01
Mackenzie Dixon, 12	48:07
Gretchen Dixon, 39	48:11
April Payne 38	52:14
Veronica McMillian, 38	52:42
Shanna House, 36	57:55
Cindy Pate, 57	1:04:24
Ray Sarno, 70	1:08:35
Dianna Sarno, 55	1:08:37

5K

Brandon Harrison, 30	19:35
Abigal Jones, 20	38:24

Woodforest Charity 5K, Conroe, Sept. 23

Cindy Pate, 57	37:53
Ken Johnson, 76	40:29
Kayleigh Pursley, 26	41:42
Garrett Simon, 26	44:39
Tara Simon, 26	44:39

Upcoming races in Huntsville:

October 14 – MuddyKat 5K, Sam Houston University Camp

October 28 – Huntsville Half & Quarter Marathon & 5K, SHSU campus.

November 25 – Leftover Turkey Run, 10K, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club website at <http://www.7hills.us> and click on Race Schedule.