

## RUNNING SHORTS

### Marathoners hit Walker County Fairgrounds

By Darren Grant

The 40<sup>th</sup> running of the Huntsville Half Marathon, Quarter Marathon, and 5K Run/Walk took place on Oct. 20. It seemed all morning as if it would rain, but it never did, and the day turned out to be beautiful for running: cloudy, not too cold, not too warm, with a light breeze.

The race again started and finished at the Walker County Fairgrounds, on a course that followed the shoulder of Hwy. 30 to Westridge subdivision, looped through the subdivision, and returned to the Fairgrounds. Race attendance rebounded significantly this year, to nearly 250 entries, and you could see the increased foot traffic out on the course. Runners came from all over the Houston area and from all over east Texas, including Nacogdoches, Trinity, Crockett, Grapeland, and Livingston.

In the Half Marathon, the ladies' race was won by Cheyenne Meyer of Austin, in 1:43:28, and the men's race was won by Conroe's Mark Amann, with a time of 1:20:45. That is just over 6 minutes per mile for all 13.1 miles of the Half Marathon!

The Quarter Marathon was won by Megan Miller of Conroe, in 57:10, and Kayne Gonzales, in 49:50. Conroe's Samantha Kinnison won the 5K in 25:07, along with Houston's Carlo Deason, in 19:20. Deason has run this race for many years and won the 5K last year as well. But this year he knocked almost a minute off his time!

The event was put on by the Seven Hills Running Club, generously assisted by the Walker County Fair, the Sheriff's Office, Constable Shane Loosier, Livingston ISD Running Club, and SHSU's Kinesiology, Health, and Recreation Association and Women's Ultimate Frisbee Team. About a dozen sponsors generously contributed to the race as well.

On Thursday, Seven Hills will meet to finalize the race's financial report. Proceeds are donated to athletic organizations, the Good Shepherd Mission, and the SAAFE House. When I served as president of the club in the early part of this decade, one of my favorite parts of the job was notifying recipients of their forthcoming donation! Fortunately, the increase in entries helped the financials considerably, and the race is once again in the black. It will make a great note on which to wrap up this year's race.

(Ken Johnson compiles the race results for this column. Send him yours at [1941runner@sbcglobal.net](mailto:1941runner@sbcglobal.net).)

#### Recent race results:

##### Texas 10 Series, Katy, Nov. 4

##### 10-Miles

Steve Allen, 46      1:16:42

Steve Bickford, 57      1:23:49

Ken Johnson, 77      2:19:43

##### 5-Miles

David Keithley, 36      52:33

Cathy Bickford, 56      1:01:55

Ray Sarno, 71      1:05:28

Dianna Sarno, 56      1:05:32

**CapRock 5K (3.1 miles), College Station, Nov. 3**

Angelina Santos, 53 26:37  
Cindy Pate, 58 47:27  
Heidi Morse, 59 47:27  
April Russell, 42 49:34

**Alex's 5K, Houston, Nov. 3**

Darren Grant, 53 27:47  
Ken Johnson, 77 40:04

**Defend the Orphan Run, The Woodlands, Nov. 3**

**10K (6.2 miles)**

James Colvin, 32 45:50

**5K**

Henri Anslinger, 14 24:14

**Houston Half Marathon (13.1 miles), Oct. 28**

Dan Byrne, 60 1:28:19  
Hannah Stoneberger, 22 2:22:49

**10K**

David Keithley, 36 1:05:14

**Mission Tejas 25K (15.5 miles) Trail Run, Crockett, Oct. 27**

Cindy Pate, 58 6:24:20

**Run the Woodlands 5K, The Woodlands, Oct. 27**

Art Morgan, 53 26:24  
Ken Johnson, 77 41:47

**Sweet Potato Festival 5K, Golden, Oct. 27**

Donna Freeman, 44 26:58  
Danny Freeman, 62 28:05

**Oktoberfest Run, College Station, Oct. 21**

**Half Marathon**

Scottie Ward, 28 1:53:30

**10K**

Misty Lampson, 46 1:13:17  
Connie Mathis, 46 1:13:17  
Ken Johnson, 77 1:31:26

**Huntsville Half & Quarter Marathon & 5K, Oct. 20**

Complete results at: <http://7hills.us/hvhalf.htm>

**Toughest 10K, Galveston, Oct. 20**

Steve Bickford, 57 51:34

**Upcoming races in Huntsville:**

November 24 – Leftover Turkey 10K, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club website at <http://www.7hills.us> and click on Race Schedule.