Dear Friends and Runners,

I want to thank everyone for coming out to the 40th Annual Huntsville Half Marathon. Thank you to all of you that volunteered, sponsored, and or helped out in any way. Here are some people and groups that I would like to thank and forgive me please if I somehow forget to mention you. You are the unsung hero. Jessica Twardeski, Robert Twardeski, Janet Bouchard, Cindy Pate, Ken Johnson, Marilynn Johnson, Kenny Johnson, April Russell, Darren Grant, James Spencer, Jon Walk, Vinessa Mundorff, Danny Freeman, Donna Freeman, Jody Slaughter, Susan Slaughter, Esther Cousins, Misty Blakeway, Jennifer Robinson, Daniel Hanna, Melanie Justice, Crystal Valderez, Judy Ojeda, Livingston ISD RC, SHSU Women's Ultimate Frisbee Team, KHRASH, Walker County Fair Association, Bill Fick Ford, Community Service Credit Union, Physical Therapy Associates, IronWorks, Snap Fitness, Anytime Fitness, Orange Theory Fitness, Walker County Federal Credit Union, Hittss Solutions, Farmers Insurance David Ross, Academy, HEB.

Please join us at our next Club Meeting on **November 8th** at **6pm** at the **City Hall Café.** We will eat and socialize before actually starting the meeting so even if you're running a little late just come on by. We will be discussing the financial report from the Huntsville Half, pros and cons, changes we want to make for next year, and things we want to keep the same. We will also be discussing the proceeds from the Huntsville Half and deciding how much to donate to whom. If you would like a topic added to the agenda let me or one of the other officers know.

On November 10th at 9am there is the Annual Color Run 5k in Trinity, TX which is being sponsored by the Haley Burk Memorial Foundation and the Trinity Police Department. For more information go

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On November 10th at 9am is the Huntsville Hammer Adventure Race at Huntsville State Park. Run, bike, and boat in this race. Details and registration can be found at http://www.texasadventureracing.com/TAR%20huntsville.html

On November 24th at 9am is our Annual Leftover Turkey 10k, 5k, & 1-mile Club Run. This event will start\finish at Physical Therapy Associates located at 127 Medical Park Lane in Huntsville. That is behind the Hospital for those that are not familiar. As usual registration will be at the start\finish area \$1 for club members and \$2 for everyone else. Refreshments will be provided. After the race we will have a drawing to give away two \$25 Academy gift cards. Must be present to win. Restrooms will be available.

For more local area runs check our web page at http://www.7hills.us/schedule.htm and to help connect with area runners, be sure to check out and or join our Facebook page at https://www.facebook.com/groups/55964470688/

Please send your Race Results to Ken Johnson either through Facebook or e-mail so he can put them on our website http://www.7hills.us/latestnews.htm

Vice President Janet Bouchard, janetbouchard2009@gmail.com, Treasurer Ken Johnson, 1941runner@sbcglobal.net, Registrar Jessica Twardeski, shrc.registrar@gmail.com, or

Secretary Cindy Pate, cindy_pate@yahoo.com

Thanks,

Steve Allen President, Seven Hills Running Club presshrc@yahoo.com