

March, 2016

Hello Seven Hills running Club:

I want to thank everyone who volunteered and all the runners who came out to the Sweetheart 5K and 1 Mile Run/Walk! We had a great time and it was all because of you.

We are looking forward to the next club events coming up the calendar: our next General Club meeting is on March 10th at 7:30 PM at Margarita's Mexican Restaurant. We hope everyone can make it out as we will have a lot of information to go over for the upcoming year.

We are changing the time of the meeting from the 7pm that was originally planned to 7:30pm because that night is also bonanza pricing for the Texas 10 Series race. And speaking of Texas 10, I am delighted to announce that Seven Hills Running Club is currently in 4th place in the club competition!! Way to represent! Great job!

Our next club run is on March 20th at 2pm at Huntsville State Park. It is our Run the Trails 3.5 mile non-competitive run. The race entry fee is \$1 for members and \$2 for non members and registration is at the start of the event. The start/finish/registration will be at the Nature Center just inside the park entrance. An important note is that there is a \$5 fee to enter the state park (unless you have a state park pass). We do record the times of the runners but instead of age group awards, we give out finisher medals to all runners/walkers who finish. We will have water and refreshments available.

I am looking forward to our Huntsville Half Marathon coming up in the fall. We have set a tentative date of October 22, 2016 and anticipate opening the registration by early April. We will have much more information to come in the following weeks.

Three reminders:

- 1) Be sure to report your race results to Ken Johnson at 1941runner@sbcglobal.net, so they can be included on the Latest News page of the club web site. Photos are also welcome. Awards are presented to members at the end of each year and race results are considered in the selection process;
- 2) If you are aware of an upcoming race in the area that is not listed on the Race Calendar page of the club web site, please email Ken with the name of the race, date and link to registration; and,
- 3) Do not forget that as a club member, you are eligible for a 10% discount at Luke's Locker and Fleet Feet.

Thank you again to everyone who has stepped forward to lend a hand wherever they saw a need. I couldn't ask for a better running family! The support among you has been just amazing and I feel blessed to be a part of this. See you at the next meeting!

April Russell
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