

July 2017

Hello Runners,

I hope you all are doing well and enjoying the Summer. As we are enjoying Summer, and looking forward to Fall, we should try and start preparing now, so we will be ready when it gets here. Whether it's keeping active for Fall racing season or doing some prep work for back to school, the sooner we get started, the better prepared we will be. The SHRC is gearing up for Fall as well, and in preparation for the Huntsville Half, in October, we are looking for sponsors. If you know of anyone that might be interested in being a sponsor, please let us know. Cindy Pate and Janet Bouchard are heading up the Sponsorship Committee for this year's Huntsville Half so if you know of someone, contact one of them or any of the officers.

On this Saturday, July 22nd we have our Dog Days 5k & 1 mile club run at 8am in the Elkins Lake Subdivision in Huntsville. We will start and finish in the parking lot between the swimming pool and the club house (the usual place). \$1 for club members and \$2 for everyone else. We will be giving away three \$25 gift cards to Academy to people registered for the race, after the race. So, if you aren't on vacation, come on by and socialize with your fellow runners. It's a short drive and good exercise.

Registration is open for the 39th Annual Huntsville Half Marathon, Quarter Marathon, & 5K for Saturday Oct. 28th 2017 at 8 am. We have online registration at <http://www.active.com/huntsville-tx/running/distance-running-races/huntsville-half-marathon-quarter-marathon-and-5k-2017> and you can also check out the latest race news for the Huntsville Half at <https://www.facebook.com/HuntsvilleHalfTexas/> Also, this year when you register for the Huntsville Half, you can renew your SHRC membership for this year, sign up as a new member, and/or pay for next year's membership if you like.

On Saturday August 19th we have our annual Heat Wave 5K & 1 mile club run at 8am in the Waterwood sub-division. This starts and finishes at the Fire Station. This location is actually in San Jacinto

County but, still has a Huntsville address. To get there, you can take US-190 east out of Huntsville for about 15 miles, turn left on Waterwood Parkway, go a little over 7 miles and right after you cross FM 980, look to the right for the Fire Station. Or you can take Hwy 19 north out of Huntsville, turn right on FM 980 in Riverside at the stop light, go about 14 miles and make a left on Waterwood Parkway. If you use GPS, put in 2 Waterwood Parkway Huntsville, TX. In the past GPS directions for the Fire Station will take you to somewhere that is not even close, or so I am told, so I do not recommend them but when I looked it up on Google Maps today, the above address took me pretty close. This is really a beautiful place to run so, if you can make it, I recommend it. As usual, it will be \$1 for club members and \$2 for everyone else. We will be giving away three \$25 gift cards to Academy.

Soon I will be sending out membership dues reminders. If I keep saying it, one day I may actually remember to do it. If you or someone you know are interested in volunteering to help in any capacity with the Huntsville Half this year, let us know, we will need all the help we can get as we get closer to race day.

If you have any questions, comments, or concerns, please feel free to contact me or one of our other officers via e-mail or Facebook.

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Thanks,

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