

January 2016

Hello Seven Hills Running Club!

I just want to remind everyone of our club run this Saturday, January 23rd at 8am. It will be at the Fire Station outside of Spring Lake Sub-division, which is off of Veterans Memorial Drive. We will have a 5K and 1-Mile run/walk. Registration is at the start. It costs \$1 for club members and \$2 for non-club members. Refreshments will be provided. We do time results and give you an official time, but we do not have a cut-off time. We welcome people of all abilities.

Tonight is the Awards Ceremony for those who participated in Texas 10 Series. 6:30-8pm at Topgolf, 560 Spring Park Center Blvd. in Spring.

Also, I want to remind everyone that it is time again to pay annual dues for club membership. You may check to see your due date on our website roster. Click on Club Members.

Also, Did you run a race? Please email Ken Johnson at 1941runner@scglobal.net and let him know!! He keeps up with our club scrapbook on the website as well as a column he writes for the Huntsville Item. We all want to cheer everyone on, but we can't do that for everyone if we don't know about it, so please share your race, where you ran, your finish time!

We are always in need of volunteers to help in various ways. If there is something you would like to help with, please let us know. Our volunteers are greatly appreciated!

I am really excited about the race this weekend! I can't wait to get out there and be with all of you, see old friends and meet new faces. You are all so important to me, your goals and dreams and every club run is a celebration of that. Bring your friends and family. The weather is supposed to be beautiful!

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