

SHRC Newsletter, February 2018

Dear Friends and Runners,

I hope everyone had a Happy Valentine's Day.

This Saturday, **February 24th at 8am** we will have our **Sweetheart 5K and 1-Mile Run/Walk**. This will be held on the SHSU Campus. We will start and finish in the parking lot across the street from the University Hotel on Bobby Marks Blvd. Registration will be at the Start/Finish area. Restrooms will be available. After the race, we will have a drawing to give away two \$25 gift cards to Academy. We hope you can join us.

Also, at our race be sure to check out **Texas Runner and Triathlete** which will have free copies available. Every month our Club Secretary writes an article for the Seven Hills Running Club that is included in the Magazine. So, check it out and if you like it you can subscribe to receive it monthly for the reasonable price of \$18 for one year or \$30 for two years. <http://www.texasrunnertriathlete.com/ME2/Default.asp>

On Sunday **March 18th at 2pm** we will have our annual **Run the Trails** event. Usually it is a 3.5 mile course but, due to some of the trails still being closed, we are changing the route and it will be around 3 miles. This will be a non-competitive run. All finishers will receive a finisher medal. We will start and finish at the Nature Center which is a short distance from the park gate on the right hand side. Entry to the event is free (\$3 donations will be accepted but not required). However, you will have to cover your entry into the park which is \$5 for adults, 12 and under get in free, or you can ride with a friend who has a Texas State Parks Pass and get in free.

Also, a reminder that club memberships expire at the end of each calendar year. If you are not sure if you are paid up you can check our website at <http://www.7hills.us/members.htm> and see when your membership expires. Please let us know if we do not have the right information, sometimes we make mistakes. If you need to renew your membership, you can do so at the club run, or by sending a check for the appropriate amount (\$5 students, \$7 individual, \$10 family) to SHRC, P.O. Box 6804, Huntsville, TX 77342-6804. Also, you can pay your membership dues when you register for...

The 40th Annual Huntsville Half & Quarter Marathon & 5K. It will be on Saturday **October 20th 2018**, starting at the Walker County Fairgrounds at 8am. You can register on line at <https://www.active.com/huntsville-tx/running/distance-running/huntsville-half-marathon-quarter-marathon-and-5k-2018?cmp=23-126>

Please send your Race Results to Ken Johnson either through Facebook or e-mail so he can put them on our website <http://www.7hills.us/latestnews.htm> . We enjoy seeing how our members are doing out there. It helps inspire us.

If you have any questions, comments, or concerns, please feel free to contact me or one of our officers via e-mail or Facebook.

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Thanks,

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