

## Seven Hills Running Club Newsletter

February 2017

Hello Runners,

Hope everyone is doing well and enjoying our early spring weather. Just wanted to mention a few upcoming events.

On this coming Saturday, February 25<sup>th</sup> we are having our annual Sweetheart 5k & 1 mile club run starting at 8am. This event will take place on the SHSU Campus and will start and finish in the parking lot across the street from the University Hotel on Bobby Marks Boulevard. All are welcome to participate. There is a \$1 entry fee for members of the Seven Hills Running Club and a \$2 entry fee for non-members. After the race, there will be a drawing to give away three \$25 gift cards to Academy.

Also, a reminder that memberships expire at the end of each calendar year. If you need to renew your membership, you can do so at the club run, or by sending a check for the appropriate amount (\$5 students, \$7 individual, \$10 family) to SHRC, P.O. Box 6804, Huntsville, TX 77342-6804.

In March on Sunday the 19<sup>th</sup> at 2pm we will have our annual Run the Trails 3.5 mile Non-competitive run/walk at the Huntsville State Park. This event will start and end at the Nature Center which is on the right, just after you enter the park. There is a \$3 entry fee for this event for all participants. Additionally, you will have to pay a \$5 park entry fee to get into the park unless you have a Texas State Park Pass. ALL participants will receive a medal. Refreshments will be provided. After the race will be a drawing to give away three \$25 gift cards to Academy. Restrooms are available at the Nature Center.

Next, I want to go ahead and mention the Blue Bell Fun Run. If you are planning on doing the Blue Bell Fun Run on Saturday April 8<sup>th</sup>, we would like to invite you to check the box that you are part of a team and put "Seven Hills Running Club" as your team. Whether you feel you are fast or not you cannot hurt the team you can only help it. If our team does not have at least 5 finishers we are not counted as a finishing team, no matter how fast the other four are. Also, there is no problem with having more than you need. They do a 5k team and a 10k team. So, if you're going to be there anyways, join the team. We would be glad to have you. <https://bluebellfunrun.com/>

For other local races make sure to check out our website at <http://www.7hills.us> There is all kinds of interesting information on there about our club and members, old newsletters, club scrapbook, member articles, latest news on our runners, upcoming club events, and other local races.

If you have any questions, please feel free to contact me or one of our other officers:

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Thanks,

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