

February 2014

Good Morning Runners,

I hope everyone is having a fantastic week!!! I know everyone is ready for some warmer weather. Just a few little reminders:

Upcoming Events:

February 15, 2014, Saturday, Love.Run.Marathon at Huntsville State Park. This will be Ken Johnson's 101st marathon. I hope everyone will be able to make it out there to cheer on Ken and all the runners.

February 23, 2014, Sunday, Sweetheart 5K & 1-Mile Run/Walk, 2 p.m. University Hotel Course. Start and finish across the street from the University Hotel on Bobby Marks Blvd. on the SHSU campus. \$1 entry fee. Sign up in the starting area. Refreshments will be provided. Restrooms will be available at the University Hotel. Park in the parking lot across the street from the hotel. Enter off 17th St.

March 23, 2014, Sunday - Run the Trails, 3.5 Miles, non-competitive, 2 p.m., Huntsville State Park. Start and finish at the Nature Center on the right just inside the park. Run or walk. \$3 race entry fee, plus the entry fee into the park. Register at the starting point. Refreshments will be provided and all finishers will receive a finisher medal. The course will be well-marked. Finish times will be provided, but not recorded. Restrooms will be available at the Nature Center.

February and March is membership renewal months. So if you haven't already done so renew your membership with SHRC.

I would like to take this opportunity to congratulate Steve Bickford on being nominated as the new Road Runners Club of America (RRCA) Leadership Scholarship Award. Steve will be traveling to Spokane, WA in May to attend the 56th Annual RRCA Convention. What a great accomplishment congratulations Steve!!!!

The club officers have finalized the monthly club runs plus other races in around our area, so go to our website www.7hills.us/schedule to see the changes.

I hope to see everyone this weekend at the Huntsville State Park to celebrate with all the runners!!!!

Have a great rest of the week,

Jill