

April 2017

Hello Runners,

Hope everyone had a Happy Easter! April is one busy month as far as races are concerned and our runners have been busy. Congratulations to Jason Wallace who was able to qualify for and compete in this year's Boston Marathon. I hope to be able to do that someday myself, but whether I make it or not, I intend on having a lot of fun running where ever I can. Check out <http://www.7hills.us/latestnews.htm> and see what all of our club members have been up to.

Also, be sure to check out the magazine, Texas Runner and Triathlete, when you have time. Our Club Secretary, Melissa Gillespie Davis, writes a monthly article for our club. This month's issue also featured an additional article about our very own, Ken Johnson which is also mentioned on the cover. <http://www.texasrunnertriathlete.com/ME2/Default.asp>

This weekend, on April 22<sup>nd</sup>, we will be having our Spring Fling 5k & 1 mile Club Run. Starting at 8am in the Elkins Lake Sub-division in Huntsville. We will start and finish next to the swimming pool by the Club House. \$1 entry fee for Seven Hills Running Club members and \$2 for non-members. Registration will be at the starting point. Refreshments will be provided. Restrooms will be available. After the race will be a drawing to give away three \$25 gift cards to Academy.

In May, we have our annual Memorial Day 5k & 1 mile on the Monday the 29<sup>th</sup> at 8am in the Timberwilde Sub-division. We will start and finish at Ken Johnson's house, 114 Timberwilde Drive Huntsville, TX. There entry fee is \$1 for SHRC members and \$2 for all others. Registration will be on site at the start\finish line. Breakfast will be provided after the race and we will have a drawing to give away three \$25 gift cards for Academy after the awards ceremony. You must be present to win. Restrooms will be available. We usually have a pretty good turnout for this one so, come early and stay late. It should be fun.

For other local races make sure to check out our website at <http://www.7hills.us> There is all kinds of interesting information on there about our club and members, old newsletters, club scrapbook, member articles, latest news on our runners, upcoming club events, and other local races.

Also, a reminder that memberships expire at the end of each calendar year and you can pay for multiple years which I intend to do this next time I see Dana. If you need to renew your membership, you can do so at the club run, or by sending a check for the appropriate amount (\$5 students, \$7 individual, \$10 family) to SHRC, P.O. Box 6804, Huntsville, TX 77342-6804.

If you have any questions, please feel free to contact me or one of our other officers  
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Thanks,

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