

April 2015

Good evening everyone,

Warmer weather is here!!!!!! I know everyone is excited as me to see the sunshine!!! With warmer weather comes more runners, cyclists and walkers out on the road. Everyone please cautious when driving, especially in the early morning hours.

This Saturday, April 18 - Spring Fling Run, 5K, 1-Mile, 8 a.m. Elkins Lake Sub-division, Huntsville, Start and finish at the club house. \$1 entry fee. Register at the starting point. Refreshments will be provided. Restrooms will be available. This is always a huge race!!!! Steve and I will need volunteers to help with registration and marking the course, so if you would like to volunteer let me or Steve Bickford know.

Also, on May 2nd, the BMI 5k in Conroe is happening. Here is a link for a 15% off discount code. https://thedriven.net/event.race_reg/aid/1685234689

Lastly, Congratulations to the Seven Hills Running Club members who took 1st place in the 10K Team Competition at the Blue Bell Fun Run:

Jose Torres
Joe Amburn
Jason Wallace
Blake Kemp
Brian Backhaus
JC Guzman
Steve Allen
Steve Bickford
Sara McCullough
Dana Formon

See everyone Saturday

Jill