

## RUNNING SHORTS

### **Huntsville's big race just around the corner**

By Ken Johnson

The 36<sup>th</sup> Annual Huntsville Half & Quarter Marathon and 5K will be held on Saturday, October 18. Over 400 runners are expected to participate. The Half Marathon (13.1 miles) is the 4<sup>th</sup> oldest half marathon of well over 100 in Texas.

All three races start and finish in front of the Health & Kinesiology Center on the Sam Houston State University campus. The half marathon runners will run two loops on a 6.55-mile course on the campus and around the Huntsville Prison Unit. The quarter marathon runners will run a single loop on the same course. The 5K runners will run a 3.1-mile course on campus.

There is still time to sign up. Visit the Seven Hills Running Club web site at [7hills.us](http://7hills.us) for online registration or a mail-in entry form. Or, pick up an entry form at the Chamber of Commerce 24/7 or at Iron Works.

The time limit for all three races is three and a half hours.

If you are driving around the campus or the prison on race day, please drive slowly and watch for runners.

#### **Recent race results:**

##### **Sunday Night 3-Miler, The Woodlands, Oct. 5**

Ken Johnson, 73      34:22

##### **Tyler Rose Half Marathon (13.1 miles), Tyler, Oct. 5**

Dana Formon, 26      2:11:19

Ken Johnson, 73      2:50:56

##### **St. Anthony's 5K, Wylie, Oct. 4**

Ken Johnson, 73      35:55

##### **Wellness 5K, Houston, Sept. 28**

Jennifer Alexander, 31      29:20

##### **Dye for Dogs 3.8 Miles, New Waverly, Oct. 4**

For a link to results, visit [7hills.us](http://7hills.us) and click on Latest News

##### **CASA 5K, Huntsville, Oct. 4**

For a link to results, visit [7hills.us](http://7hills.us) and click on Latest News

##### **Woodforest 10K, Conroe, Sept. 27**

Maria Tellez, 26      54:18

##### **Blue Cure Night Run, 5K, Houston, Sept. 27**

Morgan Ashworth, 26      30:20

**Fall Fun Run, Huntsville, Sept. 27****10K**

Hector Robledo, 17	43:01
J. C. Guzman, 42	45:02
Christian Pinon, 16	48:24
Steve Allen, 42	48:37
Jody Slaughter, 51	50:41
Megan Hale, 23	52:21
Jose Moreno, 53	53:10
Chris Vasquez, 44	54:28
Art Morgan, 49	54:40
John Barfoot, 58	56:55
Shawn Lane, 43	58:15
Elizabeth Berger, 23	59:27
Meaghan Hampton, 24	59:27
Julia Buck, 29	1:00:50
Sarah Browning, 26	1:01:16
Marissa Conrow, 24	1:02:11
Monica Lopez, 31	1:02:23
Kyle Cameron, 25	1:02:31
Darren Grant, 49	1:02:36
Jacob Gautreaux, 42	1:03:07
Glenn Green, 52	1:04:17
Laura Green, 48	1:04:37
Jan Parks, 57	1:13:01
April Russell, 38	1:26:01
Jeri Blair, 49	1:26:01

**5K**

Stephen Dunn, 23	19:56
Patrick Lewis, 49	23:24
Lexie Damian, 15	23:34
Edgar Damian, 41	23:49
Maria Farfan, 16	24:01
Lizet Soto, 12	24:02
Lizet Soto, 35	24:15
Savanna Knight, 16	24:59
Javier Perez, 31	25:06
Donna Fabian, 40	25:41
Lindsey Damian, 12	26:59
Jamie Hampton, 25	28:03
Honorio Galicia, 33	29:45
Dylan Wallace, 8	29:45
Madison Knight, 13	30:42
Robert Bocanegra, 40	31:04
Jerico Golez, 37	31:26
Melissa Damian, 39	31:33

Darlene Barfoot, 56	32:01
Alejandra Farfan, 40	33:16
Skipper Nethery, 65	33:47
Brandy Hanna, 20	36:06
Anne Gaillard, 40	38:05
Diego Varela, 47	38:05
Heidi Morse, 54	38:25
Brian Belanger, 53	40:02
Dianna Sarno, 52	40:56
Ray Sarno, 67	40:56
True Cousins, 80	48:08
Jerry Flanagan, 74	52:54
Lindsey Wallace, 30	55:34
<b>1-Mile</b>	
Luis Cabellero, 12	7:38
Abigail Pinon, 14	7:40
Gael Galicia, 9	9:38
Eva Perez, 9	9:40
Caroline Cabellero, 9	9:40
Sofia Pinon, 34	16:55

**Texas Road Romp Half Marathon, Waco, Sept. 21**

Ken Johnson, 73      3:18:30

**Balloon Festival Races, Plano, Sept. 21**

**Half Marathon**

Steve Bickford, 53      1:53:31  
 Laura Green, 48      2:36:39

**5K**

Glenn Green, 52      37:57  
 Charlotte Snowden, 49      53:05  
 LeeAnn Green, 24      54:35

**Toughest 10K, Kemah, Sept. 20**

Gerald Johnson, 59      1:22:23

**Boot Scootin' Boogie 5K, Marlin, Sept. 20**

Steve Allen, 42      21:41

**Upcoming races in Huntsville:**

October 18 – Huntsville Half & Quarter Marathon & 5K Run/Walk, SHSU campus.  
 November 1 – Rocky Raccoon 50K, 25K, 10K Trail Run, Huntsville State Park  
 November 22 – Texas Trail Endurance Runs, 50-Mile, 50K, 20K, Huntsville State Park  
 November 27 – Leftover Turkey 10K, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.