

RUNNING SHORTS

Huntsville's big race just around the corner

By Ken Johnson

The 36th Annual Huntsville Half & Quarter Marathon and 5K will be held on Saturday, October 18. Over 400 runners are expected to participate. The Half Marathon (13.1 miles) is the 4th oldest half marathon of well over 100 in Texas.

All three races start and finish in front of the Health & Kinesiology Center on the Sam Houston State University campus. The half marathon runners will run two loops on a 6.55-mile course on the campus and around the Huntsville Prison Unit. The quarter marathon runners will run a single loop on the same course. The 5K runners will run a 3.1-mile course on campus.

There is still time to sign up. Visit the Seven Hills Running Club web site at 7hills.us for online registration or a mail-in entry form. Or, pick up an entry form at the Chamber of Commerce 24/7 or at Iron Works.

The time limit for all three races is three and a half hours.

If you are driving around the campus or the prison on race day, please drive slowly and watch for runners.

Recent race results:

Sunday Night 3-Miler, The Woodlands, Oct. 5

Ken Johnson, 73 34:22

Tyler Rose Half Marathon (13.1 miles), Tyler, Oct. 5

Dana Formon, 26 2:11:19

Ken Johnson, 73 2:50:56

St. Anthony's 5K, Wylie, Oct. 4

Ken Johnson, 73 35:55

Wellness 5K, Houston, Sept. 28

Jennifer Alexander, 31 29:20

Dye for Dogs 3.8 Miles, New Waverly, Oct. 4

For a link to results, visit 7hills.us and click on Latest News

CASA 5K, Huntsville, Oct. 4

For a link to results, visit 7hills.us and click on Latest News

Woodforest 10K, Conroe, Sept. 27

Maria Tellez, 26 54:18

Blue Cure Night Run, 5K, Houston, Sept. 27

Morgan Ashworth, 26 30:20

Fall Fun Run, Huntsville, Sept. 27**10K**

Hector Robledo, 17	43:01
J. C. Guzman, 42	45:02
Christian Pinon, 16	48:24
Steve Allen, 42	48:37
Jody Slaughter, 51	50:41
Megan Hale, 23	52:21
Jose Moreno, 53	53:10
Chris Vasquez, 44	54:28
Art Morgan, 49	54:40
John Barfoot, 58	56:55
Shawn Lane, 43	58:15
Elizabeth Berger, 23	59:27
Meaghan Hampton, 24	59:27
Julia Buck, 29	1:00:50
Sarah Browning, 26	1:01:16
Marissa Conrow, 24	1:02:11
Monica Lopez, 31	1:02:23
Kyle Cameron, 25	1:02:31
Darren Grant, 49	1:02:36
Jacob Gautreaux, 42	1:03:07
Glenn Green, 52	1:04:17
Laura Green, 48	1:04:37
Jan Parks, 57	1:13:01
April Russell, 38	1:26:01
Jeri Blair, 49	1:26:01

5K

Stephen Dunn, 23	19:56
Patrick Lewis, 49	23:24
Lexie Damian, 15	23:34
Edgar Damian, 41	23:49
Maria Farfan, 16	24:01
Lizet Soto, 12	24:02
Lizet Soto, 35	24:15
Savanna Knight, 16	24:59
Javier Perez, 31	25:06
Donna Fabian, 40	25:41
Lindsey Damian, 12	26:59
Jamie Hampton, 25	28:03
Honorio Galicia, 33	29:45
Dylan Wallace, 8	29:45
Madison Knight, 13	30:42
Robert Bocanegra, 40	31:04
Jerico Golez, 37	31:26
Melissa Damian, 39	31:33

Darlene Barfoot, 56	32:01
Alejandra Farfan, 40	33:16
Skipper Nethery, 65	33:47
Brandy Hanna, 20	36:06
Anne Gaillard, 40	38:05
Diego Varela, 47	38:05
Heidi Morse, 54	38:25
Brian Belanger, 53	40:02
Dianna Sarno, 52	40:56
Ray Sarno, 67	40:56
True Cousins, 80	48:08
Jerry Flanagan, 74	52:54
Lindsey Wallace, 30	55:34
1-Mile	
Luis Cabellero, 12	7:38
Abigail Pinon, 14	7:40
Gael Galicia, 9	9:38
Eva Perez, 9	9:40
Caroline Cabellero, 9	9:40
Sofia Pinon, 34	16:55

Texas Road Romp Half Marathon, Waco, Sept. 21

Ken Johnson, 73 3:18:30

Balloon Festival Races, Plano, Sept. 21

Half Marathon

Steve Bickford, 53 1:53:31
 Laura Green, 48 2:36:39

5K

Glenn Green, 52 37:57
 Charlotte Snowden, 49 53:05
 LeeAnn Green, 24 54:35

Toughest 10K, Kemah, Sept. 20

Gerald Johnson, 59 1:22:23

Boot Scootin' Boogie 5K, Marlin, Sept. 20

Steve Allen, 42 21:41

Upcoming races in Huntsville:

October 18 – Huntsville Half & Quarter Marathon & 5K Run/Walk, SHSU campus.
 November 1 – Rocky Raccoon 50K, 25K, 10K Trail Run, Huntsville State Park
 November 22 – Texas Trail Endurance Runs, 50-Mile, 50K, 20K, Huntsville State Park
 November 27 – Leftover Turkey 10K, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.