

RUNNING SHORTS

Saloom and McCallum win Huntsville Half Marathon

By Ken Johnson

Adam Saloom, 25, was the overall male winner of the 37th Annual Huntsville Half Marathon on Saturday. He finished the hilly 13.1-mile course in 1 hour, 9 minutes and 19 seconds. This was a new course record, surpassing Jon Warren's 1999 time by 35 seconds.

Saloom is a 2013 graduate of Stephen F. Austin State University, where he ran cross country and track (steeplechase). He is currently a Physical Therapy student at Texas Women's University in Houston.

Kate McCallum, 26, of Huntsville won the female division with a time of 1 hour, 36 minutes and 55 seconds. McCallum is a graduate student in the Clinical Psychology Doctoral Program at Sam Houston State University. She has already completed two full marathons and has a goal of running a 3:30 marathon in Galveston in February.

Jose Torres, 22, of Trinity, who is no stranger to the winners podium, took first place in the Quarter Marathon (6.55 miles). He finished in 44 minutes and 18 seconds. Torres is a student at Sam Houston State University.

Tammy Taylor, 19, a senior at Groveton High School, won the female division in the Quarter Marathon. She finished in 48 minutes and 17 seconds.

Carlo Deason, 45, of Houston was the overall male winner in the 5K race. He completed the 3.1-mile distance in 19 minutes and 5 seconds. This was the 10th year that Deason has won this race.

LaShawn Johnson, 36, of Lovelady won the female division of the 5K. She finished in 22 minutes and 45 seconds. This was Johnson's second time to win this race. She won in 2007, with a time of 25 minutes and 4 seconds.

There were over 300 registered runners for the event. Congratulations to all finishers and thanks to all the volunteers who made the race possible.

Complete race results are at <http://7hills.us/hvhalf.htm>.

Other recent race results:

Texas 10 Series, Fort Worth, Oct. 11

8.7 Miles

Dan Byrne, 57	58:12
Jose Torres, 22	1:00:33
Jody Slaughter	1:07:23
Steve Bickford, 54	1:08:03
Steve Allen, 43	1:11:24
Gerald Johnson, 60	1:32:38
Ray Sarno, 68	1:33:05
Ken Johnson, 74	2:00:45

4.7 Miles

Donna Fabian, 41	37:27
Jill Blake, 37	48:35
Cathy Bickford, 53	53:28

Haley Torres, 20 59:23

Tyler Rose Marathon, Tyler, Oct. 11

Marathon (26.2 miles)

Willard Oliver, 48 4:33:13

Half Marathon

Judy Oliver, 46 3:49:30

10 for Texas, 10 Miles, The Woodlands, Oct. 10

Kate McCallum, 26 1:12:51

Melvin Neely, 59 1:23:46

Darryl Shreves, 55 1:28:18

Pamela Walton 1:42:04

Ben Aguilar 2:12:31

Anna Shreves, 55 2:14:14

Denise Farmer 2:15:36

Ken Johnson, 74 2:20:11

Alfredo Cerda 2:41:51

Upcoming races in Huntsville:

Nov. 7 – Rocky Raccoon Trail Run, 50K, 25K, 5-Mile, Huntsville State Park

Nov. 28 – Leftover Turkey 10K, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.