

## RUNNING SHORTS

### **Not too late to enter Huntsville's big race**

By Ken Johnson

The 35<sup>th</sup> Annual Huntsville Half & Quarter Marathon & 5K will be held this Saturday morning on the Sam Houston State University campus. A total of about 500 runners (and walkers) from Huntsville and all over southeast Texas are expected to participate.

The Half Marathon distance is 13.1 miles, the Quarter Marathon is 6.55 miles and the 5K is 3.1 miles. It is not too late to sign up. You can sign up online with a credit card through 3 p.m. on October 17. The link to online registration is on the Seven Hills Running Club web site at <http://www.7hills.us>.

You can also register in person during packet pickup at the Huntsville Super 8 from 5:30 to 7:00 p.m. on Friday or at the starting point at the Health & Kinesiology Center on the SHSU campus on the morning of the race.

Awards will be given to the overall male and female winners in each race, as well as to the top three males and females in five-year age groups. Also, Half Marathon finishers will receive a special finisher medal. Refreshments will be provided after the race.

If you are driving in the southeast quadrant of Huntsville on Saturday morning, please be careful and watch for runners on the road.

Good luck to all those running and walking the race.

#### **Recent race results:**

##### **Tyler Rose Marathon (26.2 miles), Tyler, Oct. 13**

Ken Johnson, 72      6:25:10 (1st in age group)

##### **Space City 10-Miler, Houston, Oct. 13**

Leah Koester, 47      1:33:37

##### **10 for Texas, 10 miles, The Woodlands, Oct. 12**

Melvin Neely      1:24:12 (3<sup>rd</sup> in age group)

Steve Bickford      1:25:41

Darryl Shreves      1:28:04

Craig Henderson      1:36:25

Susan Henderson      1:37:13

Sarah Ginsbach      2:00:12

Glenn Green      2:01:31

Anna Shreves      2:07:28

Jasmin Kolaja      2:12:18

##### **Mushroom 5K (3.2 miles), Madisonville, Oct. 12**

Steve Allen, 41      24:09 (3rd in age group)

Donna Fabian, 39      25:45

Darren Grant, 48      25:59

Dana-Leigh Formon, 25      27:56 (1st in age group)

Don Ortloff, 67                      38:24  
Ken Johnson, 72                    39:57

**Sunday Night 5K, The Woodlands, Oct. 6**

Leah Koester, 47            25:55 (2nd female)

**Buffalo Stampede, Bryan, Oct. 5**

**Half Marathon (13.1 miles)**

Jacqui Wukich, 30    1:50:17 (2<sup>nd</sup> in age group)

Jessica Payne, 36    2:06:16

Elaine Minton, 55    2:33:38

**5K**

Donna Fabian, 39    25:03 (3<sup>rd</sup> in age group)

Charles Frazier, 80    43:43

**St. Anthony's Fall Fest 5K, Wylie, Oct. 5**

Ken Johnson, 72            39:10 (2<sup>nd</sup> in age group)

**Upcoming races in Huntsville:**

Oct. 19, Huntsville Half & Quarter Marathon & 5K, SHSU campus

Oct. 26, Great Muddy Escape, 5K, General Sam's Offroad Park

Oct. 26, Kats for the Cause 5K, SHSU campus

Nov. 2, Rocky Raccoon Trail Run, 50K, 25K, 10K, Huntsville State Park

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.