

RUNNING SHORTS

Running club gives back to the community

By Ken Johnson

Every year, the Seven Hills Running Club donates the proceeds of the Huntsville Half Marathon to local charities and scholastic running teams.

This year is no exception. The club is donating a total of nearly \$4,000 to the Good Shepherd Mission, the SAAFE House and to several scholastic running teams. The Huntsville Half Marathon was held in October and drew 440 runners from all over southeast Texas.

Thanks to Darren Grant, the race director and club president, and all the volunteers that put on the Huntsville Half Marathon and made it such a successful event.

Congratulations to Jerico Golez for completing his first marathon. Golez, 36, a Huntsville Physical Therapist, completed the 26.2-mile distance in San Antonio on Sunday. His time was 6 hours and 6 minutes. With the temperature in the high 80's, this was a special accomplishment. Also, congratulations to the other runners who completed half marathons in San Antonio and La Porte on Sunday.

Recent race results:

Rock 'n' Roll Marathon (26.2 miles) San Antonio, Nov. 17

Jerico Golez, 36 6:06:00

Half Marathon (13.1 miles)

Patrick Lewis, 48 1:46:08

Eric Pena, 34 1:59:41

Leah Koester, 47 2:08:35

Eric Keith, 41 2:09:48

Tracy Schaub, 41 2:29:05

Elizabeth Keith, 38 2:43:40

Christine Gann, 37 3:07:43

La Porte By the Bay Half Marathon, Nov. 17

Emily Garner, 33 1:49:10 (3rd in age group)

Willard Oliver, 46 1:49:54

Steve Bickford, 52 1:51:23

Steve Allen, 41 2:00:11

Darryl Shreves, 53 2:02:25

Donna Fabian, 39 2:27:22

Glenn Green, 51 2:30:25

Gerald Johnson, 58 2:49:57

Anna Shreves, 53 2:54:59

Great Strides 5K, College Station, Nov. 17

Ken Johnson, 72 36:58

Diabetes Awareness 10K, Giddings, Nov. 16

Rachael Moore, 21 56:23 (1st in age group)

Team RWB, The Woodlands, Nov. 10

10K

Steve Bickford, 52 46:42 (2nd in age group)

5K

Donna Fabian, 39 25:26 (1st in age group)

Cathy Bickford, 51 35:27 (2nd in age group)

Fort Worth 20 Miler, Nov. 10

Steve Allen, 41 2:57:26 (3rd in age group)

Soldier Marathon (26.2 miles), Fort Benning, GA, Nov. 9

Ken Johnson, 72 6:34:09

5K

Marilynn Johnson, 67 57:42 (2nd in age group)

Upcoming races in Huntsville:

Nov. 30, Leftover Turkey 10K, 5K, 1-Mile, Veterans Memorial Parkway

Dec. 7, Christmas in the Pines 10K, 5K, Sam Houston State University campus

Dec. 7, Texas Trail Endurance Runs, 50 Miles, 50K, 20K, Huntsville State Park

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.