

RUNNING SHORTS

Garner, Grant win Memorial Day 5K Run

By Ken Johnson

Sheridan Grant, 19, and Emily Garner, 31, were the overall winners in the Memorial Day 5K Run held in the Timberwilde Subdivision in Huntsville on May 28. Over 80 runners and walkers participated in the annual event, sponsored by the Seven Hills Running Club. Grant finished the 3.1-mile course in 17 minutes and 37 seconds. Garner finished in 21 minutes and 50 seconds.

Grant runs on the cross-country and track teams at Pomona College in Los Angeles. He is a 2011 graduate of Huntsville High School, where he ran cross-country and played soccer.

Garner is a Huntsville resident and home schools her two sons. She includes physical activity in their daily life and recently formed a running club for her home school group. The group currently has 26 children from age 3 to 9.

In the 1-mile event, Hutton Edney, 7, of Huntsville won first place with a time of 7 minutes and 53 seconds. The first female finisher was Brogan Winston, 9, of Huntsville. Her time was 8 minutes and 27 seconds.

Complete results are shown below. Congratulations to all participants.

Recent race results:

Sunday Night 5K, The Woodlands, June 3

Ken Johnson, 71 36:45

Heights 5K, Houston, June 2

Ken Johnson, 71 36:12 (3rd in age group)

Memorial Day Run, Huntsville, May 28

5K

Sheridan Grant, 19	17:37
J. C. Guzman, 40	20:05
Tyler Harris, 17	20:44
James Spencer, 31	21:16
Emily Garner, 31	21:50
Sarah Raney, 23	22:28
Loren Sheffer, 39	22:28
Jody Slaughter, 49	22:34
Becca Houts, 30	23:07
Steve Bickford, 51	23:52
Awin Ingalla, 24	24:17
Jose Moreno, 51	24:21
Emily Villines, 15	24:50
Michelle Kerr, 28	25:49
Deidre Hinze, 38	25:55
Leah Koester, 46	26:20

Larry Kelarek, 41	26:47
Mark Robinson, 65	26:52
Ruth Fields, 52	26:57
Kristy Vienne, 28	27:52
Glenn Green, 50	27:54
Jack Ainsworth, 27	28:07
Crystal Spencer, 23	28:17
Cherish Spencer, 29	28:22
Katrina Culver, 19	28:57
Cade Edney, 10	29:23
Kevin Edney, 36	29:23
Karly Culver, 17	30:03
Skipper Nethery, 63	30:12
Jill Blake, 33	30:14
Donna Fabian, 37	30:24
Glen Carter, 61	30:31
Elaine Minton, 54	30:34
Miguel Vasquez, 44	30:52
Jocelyn Shaw, 31	31:25
Clayton Heald, 42	31:25
Jerico Golez, 35	32:06
Sylvia Culver, 51	32:09
Marvin Dunbar, 45	32:49
Bobbie Conway, 10	33:24
Jolene Conway, 43	33:24
Mandie Villines, 14	33:56
Callie Conway, 16	34:22
Jeff Conway, 52	34:22
Morgan Byrd, 16	34:40
Terry Newton, 53	35:45
J. D. Woods, 14	35:50
Olivia Battye, 20	36:14
Don Ortloff, 66	37:38
Casey Spencer, 56	39:09
Cynthia Luna, 41	39:34
Claire Willson, 59	43:05
Jerry Flanagan, 72	43:39
Kathleen Newton, 39	44:13
Sarah Van Winkle, 36	45:24
Patricia Capps, 58	45:24
Brad Kern, 60	46:12
Deb Turrentine, 39	46:40
Cindy Pate, 51	46:54
Les Metzler, 38	47:33
Cameron Smith, 7	47:33
Candace Smith, 7	47:33

Stacy Smith, 39	47:33
Ken Stebbins, 54	47:37
Patricia Stebbins, 53	47:37
True Cousins, 78	51:59
Darren Grant, 47	52:00

2-Mile

Diana Kern, 62	27:15
----------------	-------

1-Mile

Hutton Edney, 7	7:53
Brogan Winston, 9	8:27
Dawson Garner, 7	8:54
Christian Winston, 6	8:55
Matthew Fabian, 10	10:35
Toben Edney, 4	11:06
Anitra Edney, 37	11:07
Callaway Edney, 6	11:20
Denise Winston, 37	12:08
Rylen Winston, 4	12:08
Derrick Muck, 27	12:36
Christina Muck, 28	12:47
Marsie Grant, 50	16:50

Run for the Children, 2.6 miles, Baton Rouge, May 26

Robert Duncan, 52 16:06 (1st Masters, 3rd overall)

Race for the Pennant, Houston, May 26

10K (6.2 miles)

Darryl Shreves, 51	1:05:24
Anna Shreves, 52	1:19:46

5K

James Bruce, 47	30:42
-----------------	-------

Girls on the Run 5K, Houston, May 20

Leah Koester, 46	25:32
------------------	-------

Beach to Bay Relay Marathon (26.2 miles) Corpus Christi, May 19

Steve Bickford, 51 and 5 other team members 4:40:30

Running Jacks 5K, Diboll, May 19

Ken Johnson, 70	36:30 (1st in age group)
-----------------	--------------------------

Upcoming races in Huntsville:

June 16 – June Bug 5K & 1-Mile Run/Walk, SHSU campus

June 17 – Gator Bait Trail Runs, 15K & 5K, Huntsville State Park

July 14 – Dog Days 5K & 1-Mile Run/Walk, Forest Hills Subdivision

For more information about these races and a link to registration, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.