

RUNNING SHORTS

Registration open for Huntsville Half Marathon

By Ken Johnson

Registration is now open for the 38th Annual Huntsville Half & Quarter Marathon & 5K Run/Walk, to be held on Saturday, October 22, 2016. The race starts and finishes at the Health & Kinesiology Center on the Sam Houston State University campus.

This race is one of the oldest half marathons in Texas and normally draws several hundred runners from all over southeast Texas.

Runners have a choice between the half marathon (13.1 miles), quarter marathon (6.55 miles) and 5K (3.1 miles). All three races have a 3 hour and 30 minute time limit, so you do not have to be fast to participate.

Everyone who finishes one of the three races will receive a finisher's medal. Additionally, awards will be presented to the top three in 5-year age groups in all three races. All entrants will receive a race T-shirts and refreshments will be provided after the race.

The early entry fee for the half marathon is \$45. It's \$30 for the quarter marathon and \$20 for the 5K. These entry fees will increase later, so now is the time to register. Visit the Seven Hills Running Club web site at <http://www.7hills.us> for more information about the race and a link to registration.

Recent race results:

5K Gator Bait 15K (9.3 miles) Trail Run, Huntsville State Park, June 19

Derek Davis, 27	1:06:32
Timothy Davis, 27	1:07:37
Steve Allen, 44	1:19:13
Angelina Santos, 51	1:21:10
Dana Formon, 27	1:27:52
Julie Simmons, 41	1:53:11
Cindy Pate, 55	2:25:30

Spartan Sprint, 4 Miles and 20 Obstacles, Dallas, June 18

Tracy Schaub, 44, Dyson Schaub, 16, Jill Blake, 37, and 3 other team members.
Team Finish 1:22:08

Alba Country Fair 5K, Alba, June 18

Steve Allen, 44 22:53

June Bug Run, Spring Lake Sub-division, Huntsville, June 18

5K

Jacob Gautreaux, 44 20:43

Jesus Perez, 18	22:16
Steve Bickford, 55	23:27
Jose Moreno, 55	24:14
Henry Kieschnick, 8	25:24
Steve Pecina, 35	25:27
Monica Lopez, 33	28:11
Giovanni Valdivia, 30	29:14
Alvin Ingalla, 40	29:28
Laurie McLaren, 45	30:44
Laura Green, 50	31:02
Glen Carter, 65	33:57
Gene Gaskins, 56	34:41
Laura McDonald, 53	35:19
Scott McDonald, 52	35:20
Nhi Do, 18	36:28
Mark Robinson, 69	36:49
Jan Parks, 59	38:10
Cynthia Luna, 45	39:03
Ken Johnson, 75	39:19
Jericho Golez, 39	42:10
Patricia Capps, 62	43:01
Heidi Morse, 56	43:25
Shellie Geer, 66	43:43
Gerry Simpson, 74	44:41
Skipper Nethery, 67	45:54
1-Mile	
Sam Kieschnick, 6	8:23
Allen Pecina, 8	8:46
Tanner Sarno, 7	11:04
Blaine Sarno, 4	12:41
Athan Ingalla, 6	15:21
Aiah Ingalla, 38	15:28
Ava Ingalla, 1	15:30
Landon Fox, 13	16:23
Marilynn Johnson, 70	18:36

Wicked Wine Run 5K, Pittsburg, TX, June 11

Steve Allen, 44 24:06

MPRC 5K, Mount Pleasant, June 11

Steve Allen, 44 23:55

Greyhound 5K, Kosse, June 11

Ken Johnson, 75 36:51

Milk Run 5K, Sulphur Springs, June 10

Steve Allen, 44 23:17

Upcoming races in Huntsville:

July 23 – Dog Days 5K & 1-Mile, Elkins Lake

August 20 – Heat Wave 5K & 1-Mile, Waterwood

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.