

## **RUNNING SHORTS**

### **Back to back race wins for Hornet Taylor McDonald**

Huntsville High School Track and Cross Country standout, Taylor McDonald, posted back to back wins in Huntsville races on June 20 and 21.

McDonald, 17, was the overall winner in the June Bug 5K Run in the Spring Lake Sub-division on June 20<sup>th</sup>. He completed the 3.1-mile distance in 18 minutes and 41 seconds.

The following day, he was the overall winner in a competitive field at the Gator Bait 15K Trail Run at Huntsville State Park. He completed the 9.3-mile race in 1 hour, 3 minutes and 5 seconds.

McDonald is entering his senior year at Huntsville High School.

The next race in Huntsville is the Heat Wave 5K & 1-Mile Run on Saturday, July 25. It starts and finishes at Iron Works #2 (old Nautilus) at 8 a.m. Anyone who is sufficiently trained to run or walk the distance is invited to participate. This is an event of the Seven Hills Running Club.

#### **Recent race results:**

##### **Sunday Night 5K, The Woodlands, July 5**

Donna Fabian, 40      26:54  
Ken Johnson, 74      38:02

##### **Wellness 5K, Houston, July 5**

Ken Johnson, 74      38:31

##### **Freedom 5K, Nacogdoches, July 4**

Donna Fabian, 40      23:23

##### **Heat Wave 5-Miler, Baytown, July 4**

Gerald Johnson, 59      51:01

##### **Stu's Country Mile 5K, Centerville, July 4**

Jason Wallace, 40      20:27  
Lexie Wall, 19      22:05  
Jody Slaughter, 52      22:15  
Steve Allen, 43      23:39  
Steve Bickford, 54      24:15  
Jose Moreno, 54      24:37  
Becky Wall, 45      24:40  
Josh Spencer, 29      25:51  
Samuel Slaughter, 15      25:54  
Marissa Wall, 16      26:41  
Dana Formon, 26      28:34  
Colleen Spencer, 63      31:27  
Christopher Shank, 32      35:05

Trenna Buchanan, 27	39:01
Ken Johnson, 74	39:49
Cindy Pate, 54	42:10
Cathy Bickford, 53	44:58
Heidi Morse, 55	45:01
Casey Spencer, 55	47:02
April Russell, 38	51:54
True Cousins, 81	58:53
Rita Davis, 75	58:54
Rebecca Harrell, 69	58:54
Betty Ann Neal, 73	58:54
Jessica Twardeski, 35	58:54
Marilynn Johnson, 69	1:07:01
<b>1-Mile</b>	
Simon Slaughter, 9	10:59

**Wellness 5K, Katy, June 28**

Ken Johnson, 74	38:57
Marilynn Johnson, 69	57:06

**Polish Pickle 5K, Bremond, June 27**

Jose Torres, 22	19:08
Jason Wallace, 40	19:20
J. C. Guzman, 43	19:22
Francisco Manzanares, 15	19:45
Steve Allen, 43	22:13
Steve Bickford, 54	22:43
Donna Fabian, 40	23:35
Clint McLaren, 45	27:21
Kelly Bielamowicz, 40	30:34
Laura Green, 49	31:01
Glenn Green, 53	32:06
Heidi Morse, 55	36:31
Cathy Bickford, 53	37:01
Laurie McLaren, 44	37:18
Ken Johnson, 74	37:43
Skipper Nethery, 66	39:01
Cindy Pate, 54	42:03
John Lewandowski, 44	42:21
Jessica Twardeski, 35	49:33
Jessica Davis	50:21

**Gator Bait Trail Run, Huntsville State Park, June 21**

**15K (9.3 miles)**

Taylor McDonald, 17	1:03:05
Chase Foster, 31	1:15:09

Dan Byrne, 56	1:16:09
Steve Allen, 43	1:24:40
<b>5K</b>	
Jason Wallace, 40	23:29

**Buffalo Bayou Brewery Run, 3.5 Miles, Houston, June 20**

Ken Johnson, 74	47:08
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**June Bug Run, Huntsville, June 20**

<b>5K</b>	
Taylor McDonald, 17	18:41
Evan Del Rio, 14	19:42
J. C. Guzman, 43	20:00
Brian Backhaus, 32	21:34
Jason Wallace, 40	21:35
James Spencer, 34	22:58
Emily Villines, 18	22:59
Brian Zemlicka, 53	23:15
Maddie Moreimore, 21	23:55
Stacey O'Bannon, 27	25:37
Jose Moreno, 54	26:21
Curtis Barton, 36	27:07
Henry Kieschnick, 7	27:38
Clayton Wukich, 36	27:39
Ashley Hunziker, 16	28:22
Kathy Lehman, 39	28:25
Sharon Valles, 42	28:36
Shawn Lane, 44	28:58
Teresa Nugent, 41	30:49
Kim VanWagner, 42	30:50
Kim Acker, 48	31:06
Glen Carter, 64	31:07
Leslee Cade, 44	33:40
Sylvia Culver, 54	33:44
Sarah McNeel, 26	34:29
Jill Lawson, 39	34:52
Simon Slaughter, 9	34:54
Jody Slaughter, 52	34:54
Kelli McMahan, 48	35:19
Bonney Monjaras, 31	36:32
Mark Robinson, 67	37:16
Terrie Grivich, 66	37:41
Heidi Morse, 55	39:18
Ken Johnson, 74	39:49
Mason Monjaras, 11	40:20
Kathy Lewis, 52	40:26

Cindy Pate, 54	42:52
Casey Spencer, 59	44:10
Shellie Geer, 65	44:36
Brian Belanger, 54	45:30
April Russell, 38	46:03
David Scheier, 42	46:34
Amanda Gibson, 28	47:09
Lois Levingston, 60	51:29
Roz Kieschnick, 36	51:53
Courtney Harvell, 33	51:54
Jacqui Wukich, 31	51:56
Sheri Scheier, 42	52:55
Evelyn KempHouser, 42	53:14
Julia Woods, 51	55:00

#### **1-Mile**

Sam Kieschnick, 5	9:52
MacKenzie Hall, 13	10:23
Tanner Sarno, 6	12:08
Brad Hall, 46	12:11
Jordyn Spencer, 2	21:04
Kerry Spencer, 34	21:04
Colleen Spencer, 63	21:04
Layla Monjaras, 2	26:30
Karen Raley, 56	26:30

#### **Dad's Day 5K, Houston**

Kailey Wyatt, 19	28:21
Kendell Wyatt, 15	44:07
Carrie Wyatt, 39	44:08
Robert Wyatt, 40	44:08

#### **Upcoming races in Huntsville:**

July 25 – Dog Days 5K, 1-Mile, Iron Works #2 (old Nautilus)

August 22 – Heat Wave 5K, 1-Mile, Waterwood

September 26 – Fall Fun Run, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.