

RUNNING SHORTS

Running Club elects new officers

By Ken Johnson

The Seven Hills Running Club of Huntsville recently elected new officers for 2014.

Jill Blake was elected as president. She replaces Darren Grant, who has held the position for the last three years. When not running, Blake serves as an Internal Affairs Investigator for the Texas Department of Criminal Justice.

Other officers elected were: Steve Bickford, vice president, Donna Fabian, secretary, Jan Parks, registrar, and Ken Johnson, treasurer.

The club was founded in 1985 and has over 300 members, making it one of the largest running clubs in southeast Texas.

Congratulations to the local runners who completed the Houston Marathon and Half Marathon on Sunday. The fastest local runner in the marathon was Jose Moreno, 52. He completed the 26.2-mile course in 4 hours, 2 minutes and 41 seconds. It was his third marathon. Jesse Parker, 30, distance coach for Track & Field and Cross Country at SHSU, was the fastest local runner in the half marathon (13.1 miles). He finished in 1 hour, 36 minutes and 7 seconds.

Kudos to Sarah Barragan and Matthias Woeckener of Huntsville for completing their first full marathon.

Recent race results:

Houston Marathon, Jan. 19

Marathon

Jose Moreno, 52	4:02:42
Darryl Shreves, 53	4:07:03
Matthias Woeckener, 25	5:34:50
Sarah Barragan, 26	5:39:33

Half Marathon

Jesse Parker, 30	1:36:07
Craig Henderson, 44	1:53:54
Jessica Payne, 36	1:54:36
Susan Henderson, 43	2:05:33
Kristy Vienne, 36	2:12:29
Lavonne Zaiontz, 46	2:32:14
Maggi Carmichael, 26	2:36:11
Gail Keller, 53	2:40:47
Anna Shreves, 54	2:47:28

Full Moon 10K, night cross country run, Eustace, Jan. 18

Steve Allen, 41 56:34 (1st male)

ABB 5K, Houston, Jan. 18

Courtney Smith, 20	29:22
Ruben Rios, 28	33:48

Cathy Rios, 29 51:15

Run the Woodlands 5K, The Woodlands, Jan. 11

Steve Bickford, 52 22:40

Steve Allen, 41 23:50

Donna Fabian, 39 25:09

Cathy Bickford, 52 35:42

Ken Johnson, 72 36:45

Upcoming races in Huntsville:

Jan. 25 - Frost Your Fanny 10K, 5K, 1-Mile, Location to be announced.

Feb. 1 – Rocky Raccoon 100-Mile Trail Run, Huntsville State Park

Feb. 8 – Rocky Raccoon 50-Mile Train Run, Huntsville State Park

Feb. 15 – Love.Run.Marathon, Half Marathon, 10K, Huntsville State Park

Mar. 1 – Miles for Missions 5K, near the SHSU campus.

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.