

## RUNNING SHORTS

### **Guzman, Kramer fastest local runners at Houston Marathon**

By Ken Johnson

J. C. Guzman and Kas Kramer of Huntsville were the fastest local runners in the rainy, cold and windy Houston Marathon on Sunday. Guzman, 41, completed the 26.2-mile distance in 3 hours, 32 minutes and 8 seconds. Kramer, 26, finished in 3 hours, 54 minutes and 59 seconds. This was Guzman's 18<sup>th</sup> marathon and Kramer's first.

Nearly 7,000 runners finished the full marathon and over 10,000 finished the half marathon (13.1 miles).

Patrick Lewis, 47, of Huntsville led the local runners in the half marathon race with a time of 1 hour, 44 minutes and 29 seconds. Susan Henderson, 42, was the fastest local female runner. She finished the course in 1 hour, 58 minutes and 6 seconds.

A complete list of local finishers is shown below. Congratulations to all those who endured the harsh conditions in Houston and finished the race.

#### **Recent race results:**

##### **Houston Marathon, Jan. 13**

J. C. Guzman, 41	3:32:08
Jody Slaughter, 49	3:36:45
Kas Kramer, 26	3:54:59
Stephen Wright, 31	4:05:47
Jose Moreno, 51	4:10:41
Darryl Shreves, 52	4:12:03
Ray Sarno, 65	5:11:00
Herbert Rodriquez, 43	5:24:14
Gail Keller, Jr., 52	6:07:04

##### **Half Marathon**

Patrick Lewis, 47	1:44:29
Craig Henderson, 43	1:48:40
Susan Henderson, 42	1:58:06
Jessica Payne, 35	1:59:57
Leah Mulligan, 34	2:06:34
Mallory Collins, 22	2:25:04
Chris Godby, 40	2:27:27
Kristy Vienne, 35	2:27:50
Maggi Carmichael, 25	2:35:24
Jennifer Raney, 25	2:58:10
Anna Shreves, 53	3:13:23
Mercedes Evans, 19	3:41:21

##### **ABB 5K (3.1 miles), Houston, Jan. 12**

Keith Ahee, 24	27:49
April Cano, 26	35:38

**Bold in the Cold, Grapevine, Jan. 12**

**15K (9.3 miles)**

Steve Bickford, 51 1:14:19

**5K**

Cathy Bickford, 51 34:02

**Run the Woodlands 5K, The Woodlands, Jan. 12**

Donna Fabian, 38 28:06

Ken Johnson, 71 36:21

**Bull Run, 21K (13 miles), Manila, Philippines, Jan. 12**

Jericho Golez, 35 2:31:02

**Sunday Night 5K, The Woodlands, Jan. 6**

Ken Johnson, 71 35:33

**Texas Marathon, Kingwood, Jan. 1**

Jacob Gautreaux, 41 3:24:19

Ken Johnson, 71 7:08:01

**Half Marathon**

Kristy Vienne, 35 2:26:46

**Resolution Run, Huntsville. Jan. 1**

**5K**

Sheridan Grant, 20 18:34

Jose Torres, 19 19:38

Emmanuel Larius, 14 19:54

Jody Slaughter, 49 20:38

J. C. Guzman, 41 20:39

Jerritt Park, 34 22:12

Clayton Wukich, 34 22:13

Cole Mitchell, 14 22:32

Steve Bickford, 51 23:11

Craig Henderson, 43 23:58

Kacie Mitchell, 18 24:05

Emily Villines, 16 24:11

Chase Miller, 16 24:46

Jose Moreno, 51 25:11

Steve Allen, 40 25:45

Susan Henderson, 42 25:47

Angelina Santos, 47 26:02

Patrick Broaddus, 29 26:44

Donna Fabian, 38 27:32

Mandie Villines, 14 28:01

Leah Koester, 47 28:09

Glenn Green, 50 28:34

Rene Talley, 39	28:44
Glen Carter, 61	30:43
Lavonne Zaiontz, 45	31:01
Jan Parks, 56	31:15
Megan Gautreaux 14	31:49
Jacob Gautreaux, 40	31:49
Skipper Nethery, 63	33:22
Laura Green, 46	34:28
Calvin Henderson, 12	36:47
Connie Mathis, 40	38:48
Jayden Mathis, 13	40:02
Matthew Heald, 6	45:03
Clayton Heald, 42	45:03
Cindy Pate, 52	48:54
Joan Pickering, 54	48:54
<b>1-Mile</b>	
Haley Tabor, 17	7:42
Dawson Garner, 7	9:35
Emily Garner, 32	9:35
Barbara Pickett, 60	17:22

**Upcoming races in Huntsville:**

January 20 – Run for the Governors, 5K and 1-Mile Run/Walk, 2 p.m., Point Blank.

January 26 – Frost Your Fanny 10K, 5K and 1-Mile Run/Walk, 9:15 a.m., Health & Kinesiology Center, SHSU campus, Huntsville

February 2 – Rocky Raccoon 100 and 50-Mile Trail Run, Huntsville State Park

February 9 – Love.Run.Marathon, Half Marathon & 10K Trail Runs, Huntsville State Park.

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.