

RUNNING SHORTS

Huntsville's Dan Byrne continues to impress at long-distance road races

By Ken Johnson

At age 57, Dan Byrne is one of Huntsville's fastest road runners and continues to impress at the races.

He finished 9th of 399 runners in the Texas 10 Series 10-miler in College Station on Sunday, completing the distance in 1 hour, 6 minutes, and 37 seconds. Byrne was first in the male masters division (runners 40 and older).

On January 24th, he won the 55-59 age group at the highly competitive 3M Half Marathon in Austin, beating out 152 other runners in that age group. He completed the 13.1-mile distance in 1 hour, 23 minutes and 14 seconds, about 3 minutes ahead of the 2nd place winner.

Byrne is a retired Texas Department of Criminal Justice Facilities Division Manager and a member of the Seven Hills Running Club.

The annual Rocky Raccoon 100-Mile Trail Run will be held this weekend at Huntsville State Park. This is one of the premier 100-mile races in the country and draws runners from all over the United States and many foreign countries.

Dr. Brian Zemlicka, 54, will be the only local runner competing. This will be his first attempt at 100 miles. He has previously completed six marathons, two 50K's (31 miles) and one 50-miler.

Zemlicka is the Deputy Director of Education Service Center, Region VI. We wish him and the other runners good luck.

Recent race results:

Texas 10 Series College Station, Jan. 31

10 Miles

Dan Byrne, 57	1:06:37
Jose Torres, 22	1:07:03
Jason Wallace, 40	1:12:40
J. C. Guzman, 44	1:13:44
Steve Bickford, 55	1:20:09
Steve Allen, 43	1:23:15
Jose Moreno, 54	1:24:23
Monica Lopez, 33	1:33:17
Chris DeMilliano, 39	1:35:17
Emily DeMilliano, 36	1:38:44
Gerald Johnson, 60	1:47:15
Sharon Valles, 43	1:47:45
Kathy Lehman, 40	1:47:46
John Schindler, 55	1:49:37
Ray Sarno, 68	1:53:12
Kimberly Kembro, 37	1:54:51

Lauren Bartee, 33	1:56:38
Angela Lyons, 42	1:56:39
Julie Simmons, 41	1:57:41
Christine Gann, 39	2:08:50
Ken Johnson, 74	2:16:11
Cindy Pate, 55	2:21:52
April Russell, 39	2:43:55

5 Miles

Francisco Manzanares, 16	33:15
William Martin, 50	38:28
Sherrie Martin, 54	42:09
Mark Ruth, 31	45:11
Jill Blake, 37	48:58
Haley Torres, 20	1:09:03
Cathy Bickford, 54	1:12:59

Hog Wild Trail Run, Bremond, Jan. 30

10K (6.2 miles)

Giovanni Valdivia, 30	1:07:19
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5K (3.1 miles)

Ken Johnson, 74	42:40
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3M Half Marathon (13.1 miles), Austin, Jan. 24

Dan Byrne, 57	1:23:14
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Don't Stop Believing 5K, Lafayette, LA, Jan. 23

Donna Fabian, 41	23:29
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Volleyball 5K Cross Country, Willis, Jan. 23

Monica Lopez, 33	28:01
Giovanni Valdivia, 30	29:19
Haley Vanwagner, 14	30:32
Kim Vanwagner, 44	30:36
Paulina Puente, 44	34:47
Ken Johnson, 74	39:16

Frost Your Fanny Run, Huntsville, Jan. 23

5K

J. C. Guzman, 44	21:32
Steve Bickford, 55	22:42
Steve Allen, 43	23:10
Shellie Geer, 66	24:03
Darren Grant, 51	24:25
Jose Moreno, 54	25:11
Evelyn Williams, 14	25:56
Jill Blake, 37	29:56
Glen Carter, 65	31:20

Kelli McMahon, 48	35:12
Ben Johnson, 32	38:33
Kim Acker, 48	40:28
Lois Levingston, 60	49:53
Bailey Johnston, 10	50:39
Jennifer Walker, 36	50:44
Patricia Capps, 62	54:22
Paula Tucker, 51	54:24
Karin Williams, 46	54:55
Jody Slaughter, 52	54:56

1-Mile

Marilynn Johnson, 70	21:17
Andie Melando, 34	22:15
Martin Melando, 34	22:32
Kylie Gilbert, 6	28:54

Cocoa Women's Half Marathon, San Antonio, Jan. 17

Terrie Grivich, 66	2:46:28
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Houston Half Marathon, Jan. 17

Patrick Justice, 17	1:43:09
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Upcoming races in Huntsville:

Feb. 6 – Rocky Raccoon 100-Mile Trail Run, Huntsville State Park

Feb. 13 – Rocky Raccoon 50-Mile Trail Run, Huntsville State Park

Feb. 20 – Sweetheart 5K, & 1-Mile Run/Walk, SHSU campus

Mar. 19 – Color Em Kats 5K, SHSU campus

Mar. 20 – Run the Trails, 3.5 Miles, Huntsville State Park

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.