

RUNNING SHORTS

Early entry deadline near for Huntsville's big race

By Ken Johnson

Huntsville's big race, the 38th Annual Huntsville Half & Quarter Marathon & 5K Run/Walk, will be held on Saturday, October 22. All three races start and finish at the Health & Kinesiology Center on the Sam Houston State University campus.

The early entry deadline is August 31. Entry fees go up after that. Several hundred runners from all over southeast Texas are expected to participate. It is one of the oldest half marathons in Texas and is an annual tradition in Huntsville.

The event includes three races: half marathon (13.1 miles), quarter marathon (6.55 miles) and a 5K (3.1 miles). The time limit for all three races is three and a half hours.

The overall winners and the top three runners in 5-year age groups in all three races will receive awards and all finishers will receive a finisher medal. All runners will receive a race T-shirt and refreshments will be provided after the race.

For more information and online or manual registration, visit the Seven Hills Running Club web site at <http://www.7hills.us>.

Recent race results:

Cameron Park Trail Run, 6.5 Miles, Waco, Aug. 14

Ken Johnson, 75 2:14:32

Sand Crab Run, Galveston, Aug. 13

10K (6.2 miles)

Maria Wicker, 51 1:06:15

5K

Dylan Hatter 34:51

Dylan Wallace 39:01

1-Mile

Jezalyn Wallace 17:33

Sunday Night 5K, The Woodlands, Aug. 7

Ken Johnson, 75 38:01

Night Moves Half Marathon (13.1 miles) Trail Run, Hitchcock, Aug. 6

Julie Simmons, 41 4:09:05

U. S. - Mexico 10K, El Paso, Aug. 6

Steve Allen, 44 52:35

Southern Star Brewing 5K, Conroe, Aug. 6

Dan Byrne, 57 19:41

Jason Wallace, 41 20:23

Jesus Perez, 18 21:13

Brandon O'Shea 27:59

Jill Blake, 37	32:53
Matt Henke, 44	36:07
Ken Johnson, 75	39:52
Sherrie Henke, 50	43:38
Cindy Pate, 55	44:21
Staci Sheptock	46:28
Stephanie Widner	49:57

Upcoming races in Huntsville:

August 20 – Heat Wave 5K & 1-Mile, Waterwood

September 25 – Texas 10 Series Huntsville, 10 Miles, 5 Miles, 5K & 1 Mile

October 8 – Dye for Dogs Color Run, 3.9 Miles, New Waverly

October 22 – Huntsville Half & Quarter Marathon & 5K Run/Walk

For more information about these races and others in the area, visit the Seven Hills Running Club website at <http://www.7hills.us> and click on Race Schedule.