

## **RUNNING SHORTS**

### **Local runners winning races**

By Ken Johnson

Local runners are doing well in road races lately.

Dan Byrne, 57, ran the Austin 10/20 10-Mile race in Austin on Sunday and finished in 1 hour, 2 minutes and 35 seconds. He won 1<sup>st</sup> place of 86 runners in the 55-59 age group. Byrne is a retired Texas Department of Criminal Justice Facilities Division manager.

Jason Wallace, 41, a Huntsville forester, won his age group at the Texas 10 Series 10-Miler in Boerne on Sunday. He completed the distance in 1 hour, 8 minutes and 28 seconds, beating out 14 others in his age group.

Trinity High School Track and Cross Country standout, Francisco Manzanares, 16, was the overall winner in the Texas 10 Series 5-Mile race in Boerne on Sunday. He finished in a blistering 32 minutes and 52 seconds. Manzanares also won the Texas 10 Series 5-Miler in College Station in January.

While Byrne, Wallace and Manzanares are super fast and winners, all the others participating in races are also winners. They are exercising to stay healthy and live a better life - and hopefully a longer life.

#### **Recent race results:**

##### **Sunday Night 5K, The Woodlands, Apr. 3**

Ken Johnson, 74      36:53

##### **Texas 10 Series, Boerne, Apr. 3**

###### **10 Miles**

Jason Wallace, 41	1:08:28
Jose Torres, 23	1:11:38
Steve Allen, 43	1:17:20
Steve Bickford, 55	1:19:52
Gerald Johnson, 60	1:43:07
Ray Sarno, 68	1:56:05
John Schindler, 55	1:57:35
Ken Johnson, 74	2:10:11
Cindy Pate, 55	2:33:49

###### **5 Miles**

Francisco Manzanares, 16	32:52
Cathy Bickford, 54	58:34

##### **Austin 10/20, 10 Miles, Austin, Apr. 3**

Dan Byrne, 57	1:02:35
Laura Green, 50	1:44:35
Glenn Green, 53	1:57:41

##### **Muddy Trails Bash, 10K, The Woodlands, Apr. 2**

Cathy DeYoung 1:22:30

**Running of the Bears, Montgomery, Apr. 2**

**5 Miles**

Ken Johnson, 74 1:01:09

**5K**

Jessica Twardeski, 35 50:40

**Superhero Dash, Alabama-Chouhatta Indian Reservation, Livingston, Mar. 26**

**10K**

Jose Moreno, 55 49:34

Ken Johnson, 74 1:19:34

Cindy Pate, 55 1:26:01

**5K**

Payton Sturm, 11 23:12

Jessica Twardeski, 35 1:32:39

**1K**

Jadyn Justice, 7 6:01

**Green 6.2, 10K, Houston, Mar. 26**

Maria Wicker, 51 54:57

**Bunny Run, 5K, Humble, Mar. 26**

Donna Fabian, 41 23:32

April Russell, 39 44:04

**Run the Trails, 3.5 Miles, Non-competitive, Huntsville State Park, Mar. 20**

**Finishers:**

Steve Allen, 43

Adalee Chesshir, 12

Aleece Chesshir, 11

Quade Chesshir, 9

Chris Cullather, 59

Mary Cullather, 56

Amy Dobbins, 45

Donna Fabian, 41

Danny Freeman, 60

Tiffani Goodin, 35

Darren Grant, 51

Marsie Grant, 53

Kaylie Holden, 7

Kristin Holden, 27

Marilynn Johnson, 70

Leah Koester, 50

Misty Lampson, 43

Gabrielle Legerski, 11

Kirstie Legerski, 45

Lois Levingston, 60

Monica Lopez, 33

Connie Mathis, 44

Jayden Mathis, 16

Sara McCullough, 31

Jose Moreno, 54

Don Ortloff, 70

Diana Sarno, 54

Ray Sarno, 68

Brooke Simmons, 12

Dub Simmons, 7

Julie Simmons, 41

Lily Simmons, 12

Jody Slaughter, 53

James Spencer, 35

Jordyn Spencer, 3

Kerry Spencer, 35  
Rachel Tatum, 43  
David Vasquez, 36

Jason Wallace, 41  
Joshua Yates, 28

**Rock n Roll Half Marathon, Dallas, Mar. 20**

Maria Wicker, 51      2:10:47

**Lucky Trails Half Marathon, Seabrook, Mar. 19**

Ken Johnson, 74      3:08:54

**Bayou City Classic 10K, Houston, Mar. 19**

Dan Byrne, 57      39:47

**Run Houston, Minute Maid Park, Houston, Mar. 19**

**10K**

Amber Treybig, 21      57:24

**5K**

Donna Fabian, 41      24:49

Jeffrey Niersel, 38      26:47

Joshua Yates, 28      36:14

Lisa Willason, 38      36:15

Donna Tucker, 56      38:20

Royce Tucker, 60      38:53

Tammy Rudd, 45      43:06

**Panther City Half Marathon, Fort Worth, Mar. 13**

Terrie Grivich, 66      2:58:00

**Upcoming races in Huntsville:**

Apr. 16 – Spring Fling 5K & 1-Mile, Elkins Lake

May 30 – Memorial Day 5K & 1-Mile, Timberwilde Sub-division

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.