

## **RUNNING SHORTS**

### **Busy, busy weekend for local runners with plenty of 5K, 10K races**

By Ken Johnson

The Texas 10 Series 10-Mile and 5-Mile race was held in Huntsville on Sunday. Over 200 very competitive runners from all over Texas participated in the race.

The fastest local runner in the 10-mile race was Jose Torres. He placed first in the 20 to 24 age group with a time of 1 hour, 4 minutes and 43 seconds. Torres was the overall winner of the race in Huntsville last year. Kate McCallum, 24, of Huntsville also won her age group in the 10-mile race. She finished on 1 hour, 19 minutes and 40 seconds.

This was the third race in a seven-race series for 2014. The first two Texas 10 Series races were held in College Station and Boerne. The remaining races in the series will be held in Plano, Fort Worth, Katy and Conroe.

On Saturday, a ton of local runners participated in the Blue Bell Fun Run (10K and 5K) in Brenham . Undoubtedly, they consumed more calories in free ice cream after the race than they burned during the race. In any case, congratulations to all.

There are plenty of good races coming up this spring and summer. It's your turn.

#### **Recent race results:**

##### **Texas 10 Series, Huntsville, Apr. 13**

###### **10 Miles**

|                    |         |
|--------------------|---------|
| Jose Torres, 21    | 1:04:43 |
| Brian Backhaus, 30 | 1:08:16 |
| Steven Wright, 32  | 1:12:32 |
| Cody McKinley, 30  | 1:15:25 |
| Steve Bickford, 53 | 1:18:51 |
| Kate McCallum, 24  | 1:19:40 |
| Steve Allen, 41    | 1:21:50 |
| Jose Moreno, 53    | 1:27:53 |
| Leah Koester, 48   | 1:36:11 |
| Dana Formon, 25    | 1:40:14 |
| Clayton Heald, 43  | 1:48:05 |
| Jan Parks, 57      | 1:50:18 |
| Lauren Mullane, 23 | 1:53:25 |
| Jasmin Kolaja, 31  | 1:54:08 |
| Ken Johnson, 72    | 2:12:44 |
| Kameron Weaver, 23 | 2:16:30 |

###### **5 Miles**

|                   |       |
|-------------------|-------|
| Darren Grant, 49  | 42:00 |
| Donna Fabian, 39  | 43:23 |
| Megan Biscamp, 22 | 50:07 |

**Austin 10/20, 10 Miles, Austin, Apr. 13**

|                |         |
|----------------|---------|
| Jill Blake, 35 | 1:54:09 |
| Christine Gann | 2:09:20 |
| Karen Fowler   | 2:30:51 |

**Tall Pines Trail Run, 5K, Livingston, Apr. 12**

|                     |       |
|---------------------|-------|
| Melanie Justice, 45 | 34:05 |
|---------------------|-------|

**April 12 - Bunny Run, 5K, Humble, Apr. 12**

|                   |       |
|-------------------|-------|
| Steven Wright, 32 | 19:30 |
| Julia Buck, 29    | 26:14 |
| Ken Johnson, 72   | 35:50 |

**Zooma Women's Race Series 10K, Bastrop, Apr. 12**

|                   |         |
|-------------------|---------|
| Kim Vanwagner, 41 | 1:00:48 |
|-------------------|---------|

**Davy Crockett Bear Chase 5K, Groveton, Apr. 12**

|                 |       |
|-----------------|-------|
| Jose Torres, 21 | 18:30 |
| Steve Allen, 41 | 23:06 |
| Haley Tabor, 18 | 31:02 |

**Blue Bell Run, Brenham, Apr. 12**

**10K**

|                       |         |
|-----------------------|---------|
| Jose Moreno, 53       | 51:26   |
| Michelle Johns        | 57:48   |
| Dustin Wonders        | 59:46   |
| Glendys Santos        | 1:03:38 |
| Kim Johnson, 40       | 1:06:27 |
| Ray Sarno, 67         | 1:07:35 |
| Kelly Bielamowicz, 39 | 1:08:23 |
| Anita Moore           | 1:10:27 |
| Tamara Brown, 48      | 1:13:13 |
| Theresa Grivich       | 1:17:24 |
| Jennifer Langley, 57  | 1:18:38 |
| Carly Fleming, 28     | 1:20:26 |
| Anna Shreves          | 1:20:51 |
| Emily Langley, 28     | 1:37:37 |

**5K**

|                    |       |
|--------------------|-------|
| Glenn Green, 51    | 26:52 |
| Laura Green, 48    | 29:35 |
| Melissa Grissom    | 35:33 |
| Cathy Bickford, 52 | 36:28 |
| Steve Bickford, 53 | 36:29 |
| Misty Stone        | 40:20 |
| Taylor Chessher    | 45:29 |
| Kay Chessher       | 45:30 |

|                |         |
|----------------|---------|
| Heidi Keller   | 51:29   |
| Liam Vincent   | 52:01   |
| Dona Wells     | 1:01:39 |
| Caleb Fleming  | 1:07:09 |
| Darryl Shreves | 1:07:51 |

**Longhorn 10K, Austin, Apr. 12**

|                    |         |
|--------------------|---------|
| Elizabeth Fry, 22  | 54:57   |
| Giovanni Pardo, 20 | 1:02:41 |

**Sunday Night 5K, The Woodlands, Apr. 6**

|                  |       |
|------------------|-------|
| Leah Koester, 48 | 26:35 |
| Ken Johnson, 72  | 36:41 |

**Big D Half Marathon, Dallas, Apr. 6**

|                 |         |
|-----------------|---------|
| Dana Formon, 25 | 2:08:21 |
|-----------------|---------|

**Capitol 10K, Austin, Apr. 6**

|                 |         |
|-----------------|---------|
| Glenn Green, 51 | 1:02:49 |
| Laura Green, 48 | 1:02:49 |

**Dogwood Dash, 5K, Woodville, Apr. 5**

|                     |       |
|---------------------|-------|
| Patrick Justice, 15 | 19:35 |
| Steve Allen, 41     | 21:17 |
| Donna Fabian, 39    | 23:57 |
| Melanie Justice, 45 | 28:08 |
| Ken Johnson, 72     | 34:25 |

**Muddy Trails Bash, 5K, The Woodlands, Apr. 5**

|                    |       |
|--------------------|-------|
| Gerald Johnson, 58 | 29:05 |
| Steve Shields      | 44:55 |
| April Russell      | 45:19 |

**Upcoming races in Huntsville:**

Apr. 26 – Spring Fling, 5K and 1-Mile. Elkins Lake.  
May 3 – Run Forest Run, 5K and 1-Mile. Forest Glen Camp  
May 10 – Hog’s Hunt, 50K, 25K, 10K, Huntsville State Park  
May 26 – Memorial Day 5K and 1-Mile, Timberwilde Sub-division

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.