

## RUNNING SHORTS

### Torres, Morris win new Texas 10 Series race

By Ken Johnson



(Photo not included with published column)

Jose Torres, 20, of Trinity and Krista Morris, 26, of Huntsville were the overall winners in the Texas 10 Series 10-mile race held in Huntsville on April 7.

The Texas 10 Series is a new series of 10 and 5-mile races held in various cities in Texas. The first race in the series was held in Conroe last November and the second was in Huntsville. The next will be held in Waco on November 3.

Torres completed the distance in 1 hour, 4 minutes and 35 seconds. Morris was the first female finisher. She completed the 10 miles in 1 hour, 13 minutes and 3 seconds. For their first place finish, both won a medal, a cash prize and free entry into next year's race.

Torres is a sophomore at Angelina College and is majoring in Kinesiology. Winning is not new to Torres. He has won almost every race he has entered, including the Huntsville Half Marathon (13.1 miles) last October.

Morris graduated from Tarleton State University in 2009 with a Biomedical Science degree. Next month, she will complete a Bachelor of Science in Nursing at Sam Houston State. She won her age group at the Huntsville Quarter Marathon (6.55 miles) last October. The year before, she won her age group at the Huntsville Half Marathon (13.1 miles).

Both are members of the Seven Hills Running Club in Huntsville and both plan to be in Waco in November to defend their titles. A complete list of local runners in the Texas 10 Series Huntsville is included in the race results below. Congratulations to all.

#### Recent race results:

##### **Austin 10/20 (10 miles), Austin, Apr. 14**

Carissa Mongelli 1:33:45

Christine Gann	1:40:03
Keith Ahee	1:49:40
Rene Evans	2:39:34

**Graffiti Run, 5K (not timed), Houston, Apr. 14**

Kelly Bielamowicz, 38

**Hog's Hunt Trail Run, Huntsville State Park, Apr. 13**

**25K (15.5 miles)**

J. C. Guzman, 41	2:08:51
Jacqui Wukich, 29	2:30:49
Danny Dougherty, 33	2:41:31
Laura Dougherty, 30	2:41:33
Chelsey Marks, 21	3:27:00

**10K (6.2 miles)**

Brent Butler, 54	51:32
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**Blue Bell Run, Brenham, Apr. 13**

**10K**

Steve Bickford, 52	48:30 (3 <sup>rd</sup> in age group)
Glenn Green, 50	59:13
Kelly Bielamowicz, 38	1:07:51

**5K**

Glendys Santos	30:03
Anita Moore	30:32
Cathy Bickford	32:25
Laura Green	32:49
Craig Henderson	34:59
Lydia Henderson	35:02
Calvin Henderson	36:44
Susan Henderson	36:44
Megan Hampton	37:41
Tamara Brown	38:02
Carion Taylor	38:22
Debra Liles	42:04
Jennifer Langley	42:07
Breanna Escochea	45:02
Christiana Sinclair	45:02
Heidi Keller	51:25

**Sunday Night 5K, The Woodlands, Apr. 7**

Ken Johnson, 71	36:49
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**Capitol 10,000, 10K, Austin, Apr. 7**

Dan Byrne	50:54
Charles Johnston	1:01:21

Rick Loring	1:05:41
Rachael Hornung	1:10:34
Judy Hornung	1:12:16
Scott Hornung	1:12:16

**Texas 10 Series, Huntsville, Apr. 7**

**10 Miles**

Jose Torres, 20	1:04:35 (1st overall)
Jacob Gautreaux, 40	1:06:18 (1st in age group)
Krista Morris, 26	1:13:03 (1st female)
Steve Bickford, 52	1:23:16 (1st in age group)
Jose Moreno, 52	1:27:34
Steve Allen, 40	1:34:23
Kim Johnson, 39	1:39:49
April Payne, 33	1:52:17
Jan Parks, 56	1:54:54 (3rd in age group)
Ken Johnson, 71	2:05:24 (1st in age group)
Skipper Nethery, 63	2:13:48 (2nd in age group)

**5 Miles**

Darren Grant, 48	43:02 (1st in age group)
Sarah Ginsbach, 38	44:24 (1st in age group)
Leah Koester, 47	47:17 (1st in age group)

**Superhero Dash, Alabama-Coushatta Indian Res., Apr. 6**

**10K**

Ken Johnson, 71	1:12:03 (2 <sup>nd</sup> in age group)
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**5K**

Donna Fabian, 38	26:38 (1 <sup>st</sup> in age group)
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**Upcoming races in Huntsville:**

Apr. 20 – Spring Fling, 5K, 1-Mile, Elkins Lake

May 4 – Run Forest Run, 5K, 1-Mile, Forest Glen Camp

May 27 – Memorial Day 5K, 1-Mile, Timberwilde Sub-division

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.