

RUNNING SHORTS (December 7, 2010)

Guzman, Williams win Huntsville's Leftover Turkey 10K

By Ken Johnson

J. C. Guzman, 38, and Karin Williams, 41, both of Huntsville, were the overall winners in the Leftover Turkey 10K Run held in Huntsville on November 27. Guzman finished the 6.2-mile out and back course on Veterans Memorial Parkway in 44 minutes and 24 seconds. Williams finished in 48 minutes and 9 seconds. This race is an annual event of the Seven Hills Running Club. Complete race results are included in the race results below.

White Rock Marathon and Half Marathon, Dallas, Dec. 5

Marathon (26.2 miles)

Jody Slaughter, 47	3:46:53
Lindsey North, 26	4:27:49
Ken Johnson, 69	6:14:18

Half Marathon (13.1 miles)

Jessica Marquart, 23	1:50:12
Holly Jacobs, 30	1:59:48
Annie Brickell, 20	2:15:57

Leftover Turkey Run, Huntsville, Nov. 27

10K (6.2 miles)

J. C. Guzman, 38	44:24
Karin Williams, 41	48:09
Sergio Ruiz, 40	48:12
Steve Bickford, 49	49:30
Chris Haeckler, 59	51:42
Kathy Haeckler, 56	1:03:03
Don Ortloff, 65	1:09:42
Ken Johnson, 69	1:12:05

5K (3.1 miles)

Keegan Smith, 18	19:11
Fernando Gonzalez, 27	19:15
Elisa Williams, 14	26:09
Morgan Byrd, 15	26:11
Jerry Flanagan, 70	28:41
Synneve Williams, 15	29:01
Sheridan Grant, 18	29:02
Heather Olson Beal, 37	29:52
Jonathan Douglas, 27	32:35
Roger Collins, 54	32:54
Faith Williams, 12	33:10
Isabelle Olson, 6	35:13
Kyra Olson, 13	35:13
Glen Carter, 59	35:36

Gerry Simpson, 68	36:33
Marin Olson Beal, 10	38:21
Evelyn Williams, 8	39:40
Robert Williams, 44	39:57
Kathy Bickford, 48	44:12

1 to 2 Miles

Kathleen Williams, 6	12:40
Tammany Grant, 14	12:40
Patsy Collins, 52	29:40
Marsie Grant, 48	29:40
Marilynn Johnson, 64	29:40

Turkey Trot, 5K, Conroe, Nov. 26

Robert Duncan, 50 21:41 (4th Overall)

Run Thru the Woods, 5 Miles, The Woodlands, Nov. 25

James Spencer, 29	42:46
Crystal Spencer, 21	46:33
Leah Koester, 44	46:43
Carolyn Tatum, 20	47:23
Ken Johnson, 69	55:35
Maggi Bunce, 29	1:06:06

Turkey Trot, Houston, Nov. 25

10K

Suzanne Kelley, 23 1:06:16

5K

Daniel Lemon, 25 25:46

Seawall Half Marathon (13.1 miles), Galveston, Nov. 20

Aaron Lopez, 22	2:08:31
Amber Russell, 20	2:08:31
Jessica Payne, 33	2:12:58
Jan Parks, 54	2:21:40
Kimberly Juenke, 43	3:10:35

10K

Kristi Hermes, 22 53:05 (3rd in age group)

Chris Stewart, 23 1:06:19

Texas World Speedway 5K, College Station, Nov. 20

Ken Johnson, 69 32:21 (2nd in age group)

Upcoming races in Huntsville.

Dec. 11 – Texas Trail Runs, 50K & 12.5-Mile, 7:30 a.m., Huntsville State Park
 Feb. 5 & 6 – Rocky Raccoon 100 and 50-Mile Trail Runs, Huntsville State Park

For more information about these and other races, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.