

RUNNING SHORTS

'Tis the season to be running and racing

By Ken Johnson

There are plenty of races this time of the year and it seems that more local runners are participating than ever before. That means that more people are out running, living a healthier lifestyle and enjoying all that the sport has to offer.

Over 100 runners completed the 1st Annual Christmas in the Pines 5K (3.1 miles) in Huntsville on Saturday. This race was sponsored by the Huntsville-Walker County Chamber of Commerce. Congratulations to all finishers. Complete results are available at: <http://www.eztoregister.com/assets/Huntsville5K.htm>

Other recent race results:

Texas Trail Endurance Runs, Huntsville State Park, Dec. 3

50K (31 miles)

Ken Johnson, 70 9:50:30

20K (12.4 miles)

Robert Duncan, 51 1:38:10 (5th overall)

Faces of Autism 5K, The Woodlands, Dec. 3

James Bruce, 47 30:33

Jennifer Bruce, 38 45:00

Hot Cocoa Run, 5-Miles, New York City, Dec. 3

Kristy Vienne, 34 49:40

Leftover Turkey Run, Huntsville, Nov. 26

10K (6.2 miles)

Robert Duncan, 51 43:24

Steve Bickford, 50 49:45

Jose Moreno, 50 50:18

Alvin Ingalla, 35 54:49

Brad Olson, 32 58:05

Jerico Golez, 34 1:17:41

Pete Cahill, 49 1:18:32

Don Ortloff, 66 1:19:01

Gerry Simpson, 69 1:20:45

Ken Johnson, 70 1:28:05

5K

Tyler Harris, 16 19:49

Karin Williams, 42 26:00

Kira Olson, 38 28:15

Skipper Nethery, 62 28:15

Heather Olson-Beal, 38 29:54

Donna Fabian, 37 30:04

Synneve Williams, 16	31:22
Glen Carter, 60	32:14
Kara Johnson, 13	32:36
Faith Williams, 13	32:36
Cathy Bickford, 49	35:25
Matthew Fabian, 10	35:47

1-Mile

Isabelle Olson, 8	9:11
Brent Beal, 42	9:27
Marin Beal, 11	10:01
Lena Johnson, 8	10:31
Evelyn Williams, 9	13:18
Colson Johnson, 14	13:18
Marilynn Johnson, 65	21:50
Katie Williams, 7	25:56
Stuart Olson-Beal, 8	25:58
Soren Olson, 3	28:02
Susan Olson, 43	28:15

Thunder Club Turkey Trot, 5 Miles, Austin, Nov. 24

Steven Wright, 30	36:15
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Turkey Trot, 5K, Alexandria, LA, Nov. 24

Kristy Vienne, 34	24:55 (2 nd in age group)
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Run Thru the Woods, 5-Miles, The Woodlands, Nov. 24

James Bruce, 47	51:25
Colleen Spencer, 59	1:01:23
Ken Johnson, 70	1:05:00

3-Mile Walk (Untimed)

Cindy Pate, 51	
Jennifer Bruce, 38	

Rock 'n' Roll San Antonio, Nov. 13

Marathon (26.2 miles)

J. C. Guzman, 39	3:50:48
Ray Sarno, 64	4:37:37

Half Marathon (13.1 miles)

Fernando Gonzalez, 28	1:32:47
Steven Wright, 30	1:42:55
Kas Kramer, 25	1:51:46
Jerry Flanagan, 71	2:08:57
Mark Robinson, 64	2:09:40
Laurie Leggett, 31	2:14:13
Debbie Nelson, 58	2:57:00
Norma Buxkemper, 60	3:13:07

Roger Collins, 55 4:07:40
Patsy Collins, 53 4:07:40

Texas Metric Marathon (16.3 miles), Houston, Nov. 13

Craig Henderson, 42 2:43:46

Ramp Romp, 5K, College Station, Nov. 12

Skipper Nethery, 62 29:00

Veterans Day 10K, The Woodlands, Nov. 12

Steve Bickford, 50 51:11 (3rd in age group)

Racing Humans Adventure Race, 5K, Conroe, Nov. 12

John Cook, 56 33:35 (1st in age group)

Amy Morley, 27 36:59

Patrick Morley, 55 40:42

Michelle Dixon, 30 40:59

Veterans Day Run, 11K, Houston, Nov. 11

Jenne Crispin, 40 1:08:16

Heels and Hills Half Marathon, Irving, Sep. 25

Holly Jacobs, 30 1:58:51

Budapest Half Marathon, Hungary, Sep. 4

Holly Jacobs, 30 2:03:37

Upcoming races in Huntsville:

Jan. 1 – New Years Day Resolution Run, 5K & 1-Mile Run/Walk, 2 p.m.

Feb. 4 – Rocky Raccoon 100 and 50-Mile Trail Runs, Huntsville State Park

Feb. 11 – Orphan Hope Trail Marathon, Huntsville State Park