

## RUNNING SHORTS

### **Hundreds participate in Huntsville Half and 5K**

#### **Plenty of runners from Houston area come to town to take part in annual running event**

By Ken Johnson

Over 400 runners converged on Huntsville on October 22 for the 33<sup>rd</sup> Huntsville Half Marathon & 5K Run/Walk. This is an annual event of the Seven Hills Running Club. Proceeds from the race benefit local charities.

Sugar Land's Richard Powell, 23, a sub 3-hour marathoner, won the male division in the Half Marathon. He completed the hilly 13.1-mile course in 1 hour, 20 minutes and 3 seconds.

Nicole Koppersmith, 41, a mother of three and marketing consultant from College Station, won the female division with a time of 1 hour, 33 minutes and 58 seconds. This was Koppersmith's fifth time to compete in the race, but her first win.

Palo Pence, 22, of Del Rio won the 5K (3.1 miles) race with a blistering time of 16 minutes and 50 seconds. Huntsville's Emily Garner, 31, was the first female finisher in the 5K. Her time was 21 minutes and 46 seconds.

Congratulations to the overall and age group winners and to all runners and walkers who participated in this event. Complete results can be found on the Seven Hills Running Club web site at <http://www.7hills.us>.

#### **Half Marathon Winners**

##### **Male Winner**

Richard Powell, 23, Sugar Land                      1:20:03

##### **Female Winner**

Nicole Koppersmith, 41, College Station 1:33:58

#### **Half Marathon Age Group Winners**

##### **Males 14 & Under**

1 - James Huntsman, The Woodlands    1:46:38

2 - Chase Gregory, The Woodlands    1:46:39

3 - Steven Largent, Hewitt              2:13:52

##### **15-19**

1 - Andrew Coker, Katy                  1:42:10

2 - Kevin Reyes, Conroe                 1:42:45

3 - Thomas Gould, California         1:42:55

##### **20-24**

1 - Toby Fruge, Huntsville              1:33:34

2 - Mark Shockley, College Station    1:37:39

3 - Alan Gaska, Spring                 1:45:26

##### **25-29**

1 - Andrew Cashion, Houston         1:26:02

2 - Jarrett Hubert, Houston 1:30:25  
3 - Kris Buchanan, College Station 1:33:57

**30-34**

1 - Juan Venegas, Willis 1:28:23  
2 - Scott Jenkins, Pearland 1:35:03  
3 - Jonathan Nuckolls, Port Arthur 1:42:20

**35-39**

1 - Jacob Gautreaux, Huntsville 1:26:34  
2 - J. C. Guzman, Huntsville 1:32:21  
3 - Jason Wallace, Huntsville 1:34:25

**40-44**

1 - Mark Sobus, Kingwood 1:41:29  
2 - Willard Oliver, Huntsville 1:50:18  
3 - Rick Posada, Cypress 1:51:31

**45-49**

1 - Grant Harvey, The Woodlands 1:35:20  
2 - Bill Travis, The Woodlands 1:40:59  
3 - Robert Wittenbrink, Kingwood 1:45:26

**50-54**

1 - Doug Bugner, Cleveland 1:36:46  
2 - James Donaldson, Spring 1:39:51  
3 - German Collazos, Houston 1:51:23

**55-59**

1 - Joel Barr, The Woodlands 1:37:03  
2 - Stephen Smith, The Woodlands 1:40:33  
3 - Mark Thurber, Cypress 1:42:18

**60-64**

1 - Leo Beaulieu, Conroe 1:47:27  
2 - Derold Maney, Houston 2:02:33  
3 - Mark Robinson, Huntsville 2:16:08

**65-69**

1 - Jimmie Jones, Nacogdoches 1:57:39  
2 - Joe Pase, Lufkin 2:28:39  
3 - Marvin Dittfurth, Midway 2:38:06

**70 & Over**

1 - Lee Topham, Porter 1:52:02  
2 - Ken Johnson, Huntsville 2:57:27

**Females 15-19**

1 - Keely Spoon, Conroe 2:02:01  
2 - Courtney Bland, Houston 2:21:18

**20-24**

1 - Krista Morris, Huntsville 1:45:45  
2 - Amy Crissman, College Station 1:49:43  
3 - Kas Kramer, Huntsville 1:54:07

**25-29**

1 - Kate Brown, Houston 1:43:00  
2 - Amanda Lavergne, New York 1:46:52  
3 - Haley Call, Spring 1:54:11

**30-34**

1 - Vicky Cook, Houston 1:34:38  
2 - Shannan Rumsey, Spring 1:36:49  
3 - Karyn Ashton, Conroe 1:47:50

**35-39**

1 - Amy Wells, Conroe 1:47:55  
2 - Deidre Hinze, Conroe 1:52:05  
3 - Stephanie Montes, Kingwood 2:09:18

**40-44**

1 - Sheila Travis, The Woodlands 1:37:37  
2 - Priscilla Montoya, Livingston 2:02:30  
3 - Jean Hofschulte, Spring 2:05:07

**45-49**

1 - Caroline Chamness, Kingwood 1:35:48  
2 - Jacqueline Obrien-Nolen, Kingwood 1:45:39  
3 - Joella Calliham, College Station 2:02:54

**50-54**

1 - Janet Debesse, Huntsville 1:59:21  
2 - Debbie Spoon, Conroe 2:20:09

**55-59**

1 - Dianne Lee, Houston 1:58:11  
2 - Pat Himel, Kingwood 2:05:07

**60-64**

1 - Cheryl Barton, College Station 2:23:07

**65-69**

1 - Dora Topham, Porter 2:42:46

**5K Winners**

**Male Winner**

Palo Pence, 22, Del Rio 16:50

**Female Winner**

Emily Garner, 31, Huntsville 21:46

**5K Age Group Winners**

**Males 14 & Under**

1 - Cody Hopkins, Huntsville 26:36  
2 - Caleb Martin, Pinehurst 32:40  
3 - Joel Martin, Pinehurst 34:29

**15-19**

1 - Paul Oliver, Huntsville 26:52  
2 - August Lafoy, Huntsville 27:35

**20-24**

- 1 - Scott Burnham, The Woodlands 21:07
- 2 - Bat-Erdene Myagmarjav, Huntsville 23:37
- 3 - Brian Fields, Montgomery 25:45

**25-29**

- 1 - Patrick Broaddus, Huntsville 30:03
- 2 - Tyler Gray, Spring 36:00
- 3 - David Largent, Hewitt 39:52

**30-34**

- 1 - James Spencer, Houston 22:45
- 2 - Toby Martin, Houston 24:18
- 3 - Jeremy Martin, Pinehurst 34:45

**35-39**

- 1 - Shane Devore, Huntsville 21:41
- 2 - Felix Montelongo, Huntsville 23:44
- 3 - Alvin Ingalla 28:12

**40-44**

- 1 - Carlo Deason, Houston 18:05
- 2 - Victor Hsiao, Huntsville 22:37
- 3 - James Bennett, Point Blank 25:17

**45-49**

- 1 - Patrick Lewis, Huntsville 24:25
- 2 - Curt Metzger, Mansfield 35:25

**50-54**

- 1 - Robert Duncan, Huntsville 19:47
- 2 - Gene Gaskins, Huntsville 33:14
- 3 - Michael Macias, Tomball 33:36

**55-59**

- 1 - Ray Cheek, Huntsville 27:29
- 2 - John Cook, Huntsville 29:51
- 3 - Bill Thompson, Conroe 30:45

**60-64**

- 1 - Ray Sarno, Huntsville 29:24
- 2 - Robert Barnhill, Huntsville 29:40

**65-69**

- 1 - Joseph Pietrzak, Oak Ridge North 37:27
- 2 - Alton Robinson, Houston 40:39

**70 & Over**

- 1 - Charles Frazier, Huntsville 43:21
- 2 - Jim Rich, Montgomery 49:08
- 3 - G. G. Reynolds, Huntsville 62:26

**Females 14 & Under**

- 1 - Shyanne Largent, Hewitt 25:51
- 2 - Maddy Smith, Trinity 30:06
- 3 - Grace Martin, Pinehurst 34:45

**15-19**

- 1 - Jannette Santos, Huntsville 35:13
- 2 - Hannah Voitle, Sugar Land 52:30
- 3 - Andrea Littlejohn, Wylie 52:30

**20-24**

- 1 - Tiffany Long-Truxel, Huntsville 27:13
- 2 - Kayla Costello, Huntsville 28:09
- 3 - Angela Hook, Huntsville 28:15

**25-29**

- 1 - Amanda Goff, Houston 27:19
- 2 - Lara McCain, Huntsville 30:36
- 3 - Candace Brown, Huntsville 30:54

**30-34**

- 1 - Lashawn Johnson, Lovelady 22:20
- 2 - Erin Trantham, Conroe 22:28
- 3 - Kristy Vienne, Huntsville 28:08

**35-39**

- 1 - Donna Fabian, Huntsville 30:06
- 2 - Michele Macias, Tomball 36:53
- 3 - Tonya Carroll, College Station 38:42

**40-44**

- 1 - Courtney West, Willis 28:27
- 2 - Susan Henderson, Huntsville 30:11
- 3 - Stacy Ulbig, Huntsville 30:41

**45-49**

- 1 - Angela Santos, Huntsville 24:32
- 2 - Rosemarie Bedoya, Conroe 34:43
- 3 - Maria Robinson, College Station 38:41

**50-54**

- 1 - Sandra Martin, Conroe 34:36
- 2 - Gloria Mills, Huntsville 38:02
- 3 - Cindy Pate, New Waverly 43:23

**55-59**

- 1 - Peggy Charlton, Markham 34:48

**60-64**

- 1 - Elizabeth Mullin, Huntsville 37:52
- 2 - Esther Rich, Montgomery 49:08

**65-69**

- 1 - Olivia Brown, Houston 40:07
- 2 - Mary Deason, Houston 41:39
- 3 - Janice Pietrzak, Oak Ridge North 41:52

**70 & Over**

- 1 - Barbara Chenette, Crockett 37:39

