

## RUNNING SHORTS

### **Marathon 2 Marathon, a unique experience to be part of**

By Ken Johnson

If you want a unique race experience, the Marathon 2 Marathon in southwest Texas is for you. Start two miles east of Alpine and run 26.2 miles on the shoulder of Highway 90 to downtown Marathon.

While I have completed a number of marathons, this race last Saturday was one of the most unique. Cool and dry running weather. Not a building or crossroad for the entire distance. Mountains on both sides of the highway.

There were less than 60 runners in the marathon, so we were spread out over the course. Running alone across the desert landscape brings out the mental challenge of running. Headphones and music really help pass the time. There were no spectators, except for the volunteers at the aid stations every two miles. There were train tracks on the other side of the highway and an occasional passing train would blow their whistle.

For those not up to the full marathon distance, there was also a half marathon (13.1 miles), 10K (6.2 miles) and 5K (3.1 miles). These races started at different points along Highway 90, but all finished in downtown Marathon.

Finding and participating in unusual or especially challenging races helps make the sport of running enjoyable and racing is an important part of the sport. Of course, your most important goal should be to achieve and maintain your health and fitness.

#### **Recent race results:**

##### **Marathon 2 Marathon (26.2 miles), Alpine to Marathon, Texas, Oct. 16**

Ken Johnson, 69      5:46:02 (2<sup>nd</sup> in age group)

##### **Tyler Rose Marathon (26.2 miles), Tyler, Oct. 10**

Ken Johnson, 69      5:45:50 (2<sup>nd</sup> in age group)

##### **Half Marathon (13.1 miles)**

Annie Brickell, 20      2:14:47

##### **Mother Road Half Marathon, Joplin, MO, Oct. 10**

John Cook, 55      2:22:42

##### **Wiener Festival 5K (3.1 miles), College Station, Oct. 9**

Ken Johnson, 69      32:49

##### **10 for Texas (10 miles), The Woodlands, Oct. 9**

Robert Duncan, 50      1:07:53 (2<sup>nd</sup> in age group)

Jason Martinez, 37      1:12:31

Melvin Neeley, 54      1:22:37

Margaret Gullede, 44      1:38:04

Marty Reeder, 34      1:44:09

Phillip Swicegood, 59      1:51:02

Anna Shreves, 50      2:11:14

Darryl Shreves, 50	2:11:14
Alfredo Cerda, 38	2:14:47
Susan Lowery, 41	2:14:47

**Spartan Race, Navasota, Oct. 3  
(5K with 12 Obstacles)**

Nathan Winkelmann, 28	25:30
Justin Bickford, 23	31:53
David Cook, 27	36:33
Melissa Stelter, 21	48:12
Jan Parks, 53	49:14
Will Mejia, 22	52:06
Mary Turner, 23	53:04
John Cook, 55	55:40

**Upcoming races in Huntsville**

Oct. 23 – Huntsville Half Marathon (13.1 miles) and 5K Run/Walk

Nov. 6 – Rocky Raccoon 50K (31 miles) & 25K, Huntsville State Park

For more information about these and other races, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule