

## RUNNING SHORTS

### Local runners getting ready to hit the streets of Houston

By Ken Johnson

Plenty of local runners will be among the 22,000 runners pounding the streets of Houston at the Houston Marathon and Half Marathon on January 30. The marathon distance is 26.2 miles and the half marathon 13.1 miles.

Melvin Neely, 54, will be running his ninth Houston Marathon and his 24<sup>th</sup> marathon.

Lindsey North, 26, a doctoral student at Sam Houston State University, is set to run her first Houston Marathon. North has completed 11 marathons, including the Dallas White Rock Marathon last month.

William Kuhn, 51, will also be running his first Houston Marathon and his first marathon ever.

Jacob Gautreaux, 38, who ran the Texas Marathon in Kingwood on January 1<sup>st</sup> and placed 12<sup>th</sup> of 317 finishers with a time of 3:10:03, will be running his first Houston Marathon.

Good luck to these runners and all local runners competing in Houston.

#### Here is the complete list of local runners competing:

##### Marathon

Jacob Gautreaux, 38  
Maggie Gutierrez, 22  
Ken Johnson, 69  
Waleed Kopara, 30  
William Kuhn, 51  
Melvin Neely, 54  
Lindsey North, 26  
Ray Sarno, 63  
Darryl Shreves, 50  
Jody Slaughter, 47  
Katie Swick, 21

##### Half Marathon

Chris DeMilliano, 34  
Robert Duncan, 50  
Chris Godby, 38  
Brian Loft, 39  
Leah Mulligan, 33  
Greg Peter, 55  
Marty Reeder, 34  
Anna Shreves, 51  
Philip Swicegood, 60  
Angie Taylor, 29  
Taryn Walker, 35

#### Recent race results:

##### USA Fit Marathon (26.2 miles), Sugar Land, Jan. 16

Darryl Shreves, 50 4:19:45  
Ken Johnson, 69 5:49:39

##### Half Marathon (13.1 miles)

Anna Shreves, 51 3:04:44

##### Hot Chocolate 10K, 6.2 miles), Addison, Jan. 15

Steve Bickford, 49 48:38

##### 5K (3.1 miles)

Jacob Bickford, 25 24:40

**Mississippi Blues Marathon, Jackson, MS, Jan. 8**

Ken Johnson, 69      5:49:19

**Galveston Island State Park 5K, Jan 8**

Christopher Wilson, 60      28:38

**Run the Woodlands 5K, The Woodlands, Jan. 8**

Steve Bickford, 49      22:54

Cathy Bickford, 49      43:21

**Upcoming races in Huntsville:**

**Jan. 29 – Frost Your Fanny 10K, 5K & 1-Mile, Health & Kinesiology Center, SHSU**

Feb. 5 & 6 – Rocky Raccoon 100 and 50-Mile Trail Runs, Huntsville State Park

For more information about these races and others, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.